

# NEWSLETTER & RECREATION GUIDE WESTMINSTER



Senior Programs  
See page 21



Spring Festival • Sat. April 4, 2020  
9AM-3PM • Civic Center



Youth Sports  
See page 4

Ice Skating  
See page 15

## 2020 Winter Adventure

FOLLOW US ON FACEBOOK 

Learn something new this winter with recreation enrichment classes and programs for all ages.

**Register Online at [www.westminster-ca.gov](http://www.westminster-ca.gov)**





# **BREAKFAST *with* SANTA**

**SATURDAY : 9:00-10:30am**  
**DECEMBER 7th : \$8 per person**

**COMMUNITY SERVICES BUILDING**  
**EAST/WEST ROOM | 8200 WESTMINSTER BLVD.**

Register Early! Space is Limited!  
 Please call 714.895.2860 for more information  
 or register online at [www.westminster-ca.gov](http://www.westminster-ca.gov)

THE CITY OF WESTMINSTER & THE WESTMINSTER CITY COUNCIL  
 INVITE YOU TO OUR ANNUAL

# *Tree Lighting Ceremony* *& Holiday Community Sing*

**MONDAY, DECEMBER 2ND**  
**6:30 P.M.**  
**WESTMINSTER CIVIC CENTER**  
**8200 WESTMINSTER BLVD.**  
**714.895.2860**  
**[WWW.WESTMINSTER-CA.GOV](http://WWW.WESTMINSTER-CA.GOV)**

VISIT WITH SANTA BEFORE AND DURING EVENT. PLEASE  
 BRING CANNED GOODS TO DONATE TO THOSE IN NEED THIS  
 HOLIDAY SEASON. DRESS WARMLY. EVENT WILL BE HELD OUTDOORS.

**Parks Make Life Better!**

**Westminster**

**CHECK OUT OUR  
 WINTER YOUTH  
 SPORTS PROGRAMS  
 ON PAGE 4!**

**Let's Play!**

**Accepting  
 Holiday Gift  
 +  
 Donations**

**November 11th-December 11th**

**Drop off locations:**  
 Westminster Family Resource Center  
 Westminster Community Services  
 Westminster City Hall

**Thank you for  
 your donations!**

**Toys • Games • Books • Clothes • Shoes**  
**Gift Cards • Movie Tickets • Items for Teens**

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# CLASS REMINDERS

1. Most recreation classes will begin the week of January 6th. Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

## BE SURE TO REGISTER EARLY!

### INTERNET ACCESS TO WESTMINSTER CITY COUNCIL MEETINGS

Check the city's website at [www.westminster-ca.gov](http://www.westminster-ca.gov) for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

To watch WTV on the City's website  
[www.westminster-ca.gov](http://www.westminster-ca.gov), click on  
Our City, Find, City Channel WTV

# WINTER HIGHLIGHTS

## November 12

Winter Registration Begins

## December 2

Tree Lighting & Community Sing

## December 7

Breakfast with Santa

## December 23 – January 3

Winter Vacation Parks & Playgrounds Program

## December 25 – January 1

City Offices Closed

## February 17

Presidents' Day  
City Offices Closed

## April 4

Spring Festival

# QUICK REFERENCE CITY PHONE DIRECTORY

Animal Control.....	(714)548-3201
Building .....	(714)548-3254
Business License .....	(714)548-3473
City Clerk .....	(714)548-3237
City Hall.....	(714)898-3311
Coastline Community College (Le-Jao Center).....	(714)241-6184
Code Enforcement.....	(714)548-3246
Community Services & Recreation .....	(714)895-2860
Corporation Yard .....	(714)895-2876
Court Ordered Community Service .....	(714)953-5597
Department of Motor Vehicles .....	(800)777-0133
Family Resource Center.....	(714)903-1331
Housing/Grants .....	(714)548-3248
Library .....	(714)893-5057
Midway City Sanitary District (Trash Service Company) .....	(714)893-3553
O.C. West Court.....	(657)622-5900
Orange County Fire Authority Station #64 .....	(714)379-4920
Orange County Transportation Authority .....	(714)560-6282
Planning/Community Development .....	(714)548-3247
Police Department.....	(714)898-3315
Police Dispatch.....	(714) 548-3212
Police Emergency .....	9-1-1
Public Works/Engineering.....	(714)548-3243
Senior Center Services .....	(714)895-2878
Southern California Edison (Electric).....	(800)655-4555
The Gas Company (Gas).....	(800)427-2200
Time Warner Cable .....	(714)903-4000
Water Department .....	(714)898-3311
Westminster Chamber of Commerce.....	(714)898-9648
Westminster Rose Center .....	(714)793-1139
Westminster School District .....	(714)894-7311

City of Westminster

[www.westminster-ca.gov](http://www.westminster-ca.gov)







**CITY OF WESTMINSTER  
CITY HALL**

8200 Westminster Blvd.  
Monday – Thursday 7:30 a.m. - 5:30 p.m.

Friday 7:30 a.m. - 4:30 p.m.

**Closed alternate Fridays**

(714) 898-3311

**CITY COUNCIL**

Meetings are held the  
2<sup>nd</sup> & 4<sup>th</sup> Wednesdays  
of the month in the  
Council Chambers  
at 7:00 p.m.

8200 Westminster Blvd.

**Tri Ta**

MAYOR

(714) 548-3178

**Kimberly Ho**

VICE MAYOR

(714) 548-3178

**Sergio Contreras**

COUNCIL MEMBER

(714) 548-3178

**Tai Do**

COUNCIL MEMBER

(714) 548-3178

**Chi Charlie Nguyen**

COUNCIL MEMBER

(714) 548-3178

**Eddie Manfro**

CITY MANAGER

(714) 548-3172

**GOLDEN WEST PARK  
NEW ADULT FITNESS EQUIPMENT**

Goldenwest Park (13200 Siskiyou St.) is home to our newest adult outdoor fitness equipment area! Stop by and take advantage of this amenity. It's free and open to the public during regular park hours.

#parksmakelifebetter



**Parks  
Make  
Life  
Better!**

## COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Blvd.

Monday – Thursday • 7:30 a.m.-5:30 p.m.

Alternate Fridays • 7:30 a.m.-4:30 p.m.

### RECREATION PROGRAMS

#### FACILITY RENTALS

(714) 895-2860

#### SENIOR CENTER

(714) 895-2878

#### DAMAGE TO PARKS/GRAFFITI HOTLINE

(714) 548-3253

## COMMUNITY SERVICES & RECREATION COMMISSION

Ryan Billings, Chairperson

Khanh Nguyen, Vice Chairperson

David Johnson

Christine Nguyen

James Pham

## COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

#### Community Services Director

Diana Dobbert

#### Community Services Supervisor

Vanessa Johnson

#### Senior Services Supervisor

Claire Amyx

#### Family Resource Center Supervisor

Gina Nunes

#### Community Services Coordinators

Pam Gremling - Special Events

Stacy Yoshida - Sports

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.

## SPECIAL EVENTS

### TREE LIGHTING CEREMONY & HOLIDAY COMMUNITY SING

Please join the City of Westminster as we ring in the season with the annual Tree Lighting Ceremony and Holiday Community Sing on Monday, December 2nd at 6:30 p.m. The event will take place in the Westminster Civic Center located at 8200 Westminster Blvd. This year's event features a holiday welcome from Mayor Ta and the Westminster City Council and performances by local community groups. And of course, Santa Claus will be present for visits during the festivities. For your convenience, refreshments will be available for purchase during the event. Please bring canned goods to donate to those in need this holiday season.

For more information contact the Community Services and Recreation Department at (714) 895-2860 or visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov).

### BREAKFAST WITH SANTA

You'd better watch out because Santa is making a special trip to Westminster. On Saturday, December 7, Santa will arrive to delight and entertain at this traditional event. The cost is \$8.00 and includes breakfast, crafts, and a small stocking for each child. Children must be accompanied by an adult. Please note that all family members in attendance must be pre-registered. Reservations are taken on a first-come, first-served basis as space is limited. No walk-in registration will be accepted on the day of the event. For more information, please call (714) 895-2860 or visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov).

Fee: \$8.00

Age: 2 years - Adult

Location: E/W Room

Length: 1 day

8010.401

Sa

12/7

9:00 – 10:30 a.m.



### WRITE A LETTER TO SANTA CLAUS

Children are invited to write a letter to Santa. Santa's helpers will assist Mr. and Mrs. Claus in answering all the letters received. Be sure your return address is on your letter and that it is mailed to Westminster Community Services & Recreation Department, 8200 Westminster Blvd., Westminster, CA 92683. As Santa is really busy during this time of year, all letters must be received prior to December 12th.

## PARKS PROGRAM

### WINTER PARKS & PLAYGROUNDS PROGRAM

The City of Westminster's After School Parks Program is the perfect place for youth to spend their after school hours. Elementary school aged children can enjoy an assortment of free activities in a supervised and positive environment. As a drop-in program, participants DO NOT sign-in or out and may come and go freely. This supervised program is designed to offer a quality recreation experience at no charge. The parks noted below will be open Monday through Friday, 2:30 to 5:00 p.m. beginning Monday, January 6. Pre-registration is preferred, but not required. Registration forms can be filled out at the Community Services & Recreation Department and are also available at the parks listed below.

**BOLSA CHICA PARK (6030.101):** 13660 University St., Phone 714.865.6568

**LIBERTY PARK (6030.102):** 13900 Monroe St., Phone 714.412.2617

**SIGLER PARK (6030.103):** 7200 Plaza St., Phone 714.715.0262

### SPECIAL WINTER VACATION SCHEDULE

The after school parks program will be extending their hours during winter break at the sites listed above. Park hours will be from 10 a.m. to 4 p.m. during winter vacation, weekdays only, Monday, December 23 through Friday, January 3. Parks will be closed on December 25 and January 1.



## YOUTH SPORTS

### SOCCER STARS

Kick into a fun time and learn the basic fundamentals of soccer. Learn to dribble, pass, shoot and defend. Program will cover aspects of defensive and offensive play. Participants should dress in comfortable clothes and tennis shoes (no cleats). Please register by January 31.

*Instructor:* Recreation Staff  
*Fee:* \$24.00 (Includes T-shirt)

*Ages:* 8-12 years  
*Length:* 8 weeks

6010.101 Liberty Park Tu 1/21-3/10 3:30-4:30 p.m.

### PEE-WEE SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Participants should dress in comfortable clothes and tennis shoes (no cleats). Please register by January 31.

*Instructor:* Recreation Staff  
*Fee:* \$24.00 (Includes T-shirt)

*Ages:* 5-7 years  
*Length:* 8 weeks

6010.102 Bolsa Chica Park F 1/24-3/13 3:45-4:30 p.m.

6010.103 Liberty Park F 1/24-3/13 3:45-4:30 p.m.

### PEE-WEE HOOPSTERS

Come learn the beginning fundamentals and basic skills of basketball. Coaches will teach techniques that will help improve the children's abilities in a fun environment. Please register by January 31.

*Instructor:* Recreation Staff  
*Fee:* \$24.00 (Includes T-shirt)  
*Min:* 10 *Max:* 30

*Ages:* 5-7 years  
*Length:* 8 weeks

6010.104 Bolsa Chica Park W 1/22-3/11 3:45-4:30 p.m.

6010.105 Liberty Park W 1/22-3/11 3:45-4:30 p.m.

### YOUTH HOOPSTERS

This is a non-competitive program designed for recreational play. Coaches will teach the fundamentals of the sport, emphasizing teamwork, passing, dribbling and shooting. Please register by January 31.

*Instructor:* Recreation Staff  
*Fee:* \$24.00 (Includes T-shirt)

*Ages:* 8-12 years  
*Length:* 8 weeks

6010.106 Bolsa Chica Park Th 1/23-3/12 3:30-4:30 p.m.

6010.107 Liberty Park Th 1/23-3/12 3:30-4:30 p.m.



## ARTS &amp; CRAFTS



## ART: CARTOONING

This fun class is designed for kids who want to have fun drawing cartoons! Have fun drawing caricatures, classic and manga/anime cartoons. \*\$20.00 material fee, which includes all materials needed, due to instructor on first day.

Instructor: Pati Kent      Ages: 7-13 yrs  
 Fee: \$64.00      Length: 4 wks  
 Location: Garden Grove Sports/      Min: 4 Max: 20  
 Recreation Ctr.

7000.111	Th	1/9-1/30	3:15-4:15 p.m.
7000.112	Th	2/13-3/5	3:15-4:15 p.m.
7000.113	Th	3/19-4/9	3:15-4:15 p.m.



## ART: DRAWING AND PAINTING FUN

This fun class explores drawing & acrylic painting. It is designed for kids who want to have fun while improving their drawing and painting skills. \*\$40.00 material fee, which includes all materials needed, due to instructor on first day.

Instructor: Pati Kent      Ages: 7-13 yrs  
 Fee: \$64.00      Length: 4 wks  
 Location: Garden Grove Sports/      Min: 4 Max: 20  
 Recreation Ctr.

7000.108	Th	1/9-1/30	4:30-5:30 p.m.
7000.109	Th	2/13-3/5	4:30-5:30 p.m.
7000.110	Th	3/19-4/9	4:30-5:30 p.m.

## ART: DRAWING AND PAINTING IN THE AFTERNOON

Maximize your time! This great class is designed for beginners and intermediate students who would like to learn how to improve their drawings and paintings. Color theory, drawing skills, and elements of art will be incorporated. Students will have the opportunity to include their work in an art show. Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting.

Instructor: Pati Kent      Ages: 14 yrs+  
 Fee: \$64.00      Length: 4 wks  
 Location: WCSB Craft Room #5      Min: 3 Max: 20

7000.105	W	1/8-1/29	2:30-4:15 p.m.
7000.106	W	2/12-3/4	2:30-4:15 p.m.
7000.107	W	3/18-4/8	2:30-4:15 p.m.

## DRAWING IS FUN!

Be more confident with your lines and shapes! With new themes every month, this class will develop your inner artist. You will also practice the fundamentals of observation and how to transfer them onto paper. In this quirky class, you'll exercise your imagination and have fun while making cartoons! \*No class 4/9

Instructor: Westminster Arts Academy Staff  
 Fee: \$68.00      Length: 4 wks  
 Location: Westminster Arts Academy      Min: 4 Max: 18

Ages: 5-7 yrs

1000.100	Th	1/2-1/23	3:30-4:30 p.m.
1000.101	Th	1/30-2/20	3:30-4:30 p.m.
1000.102	Th	2/27-3/19	3:30-4:30 p.m.
1000.103	Th	3/26-4/23	3:30-4:30 p.m.

Ages: 8-11 yrs

1000.104	Th	1/2-1/23	4:30-5:30 p.m.
1000.105	Th	1/30-2/20	4:30-5:30 p.m.
1000.106	Th	2/27-3/19	4:30-5:30 p.m.
1000.107	Th	3/26-4/23	4:30-5:30 p.m.

Ages: 12 yrs+

1000.108	Th	1/2-1/23	6:30-7:30 p.m.
1000.109	Th	1/30-2/20	6:30-7:30 p.m.
1000.110	Th	2/27-3/19	6:30-7:30 p.m.
1000.111	Th	3/26-4/23	6:30-7:30 p.m.



## PAINTING IS FUN!

Join us each week for a fun and immersive painting class! Students will be taught basic techniques used to create wonderful works of art as well as introduced to a variety of concepts and artists that have continuously inspired us throughout history. Expand your creative horizons and enroll today! \*No class on 4/10

Instructor: Westminster Arts Academy Staff  
 Fee: \$88.00      Length: 4 wks  
 Location: Westminster Arts Academy      Min: 4 Max: 18

Ages: 5-10 yrs

7000.114	F	1/3-1/24	5:00-6:15 p.m.
7000.115	F	1/31-2/21	5:00-6:15 p.m.
7000.116	F	2/28-3/20	5:00-6:15 p.m.
7000.117	F	3/27-4/24	5:00-6:15 p.m.

Ages: 11 yrs+

7000.118	F	1/3-1/24	6:15-7:00 p.m.
7000.119	F	1/31-2/21	6:15-7:00 p.m.
7000.120	F	2/28-3/20	6:15-7:00 p.m.
7000.121	F	3/27-4/24	6:15-7:00 p.m.

## PRE-SCHOOL PLAY & PRACTICE

Imagine your child learning activities like award winning children's literature, arts and crafts, songs, and many more fresh new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. \$5 material fee due to instructor. \*No class 2/17

Instructor: Dawna Ludwig      Ages: 1-4 yrs  
 Fee: \$54.00      Length: 6 wks  
 Location: Garden Grove Sports/ Recreation Ctr.      Min: 5 Max: 18

7000.100	Sa	1/11-2/15	10:00-10:40 a.m.
7000.101	Sa	2/22-3/28	10:00-10:40 a.m.

Fee: \$49.00      Length: 5 wks  
 Location: WCSB A/B Room

7000.102	M	1/6-2/3	2:20-3:00 p.m.
7000.103	M	2/10-3/16	2:20-3:00 p.m.

## DANCE

### BALLROOM AND SWING!

Learn fun, easy patterns in swing and waltz during session 1, swing and cha-cha in session 2, swing and waltz session 3! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

Instructor: Efren Barrera      Ages: 14 yrs+  
 Fee: \$45.00      Length: 4 wks  
 Location: WCSB East/West Room      Min: 3 Max: 30

2000.145	Tu	1/7-1/28	6:00-7:00 p.m.
2000.146	Tu	2/4-2/25	6:00-7:00 p.m.
2000.147	Tu	3/3-3/24	6:00-7:00 p.m.

### SALSA 1 FOR ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner and intermediate patterns! Meet people, socialize, and show off your moves! No partner needed.

Instructor: Efren Barrera      Ages: 14 yrs+  
 Fee: \$45.00      Length: 4 wks  
 Location: WCSB East/West Room      Min: 3 Max: 30

2000.148	Tu	1/7-1/28	7:00-8:00 p.m.
2000.149	Tu	2/4-2/25	7:00-8:00 p.m.
2000.150	Tu	3/3-3/24	7:00-8:00 p.m.



## YOUTH SPORTS CONTACTS

### American Youth Soccer Organization (AYSO)

Region 5 (714) 875-7612 • www.ayso5.org  
 Region 28 (714) 791-3708 • www.ayso28.org  
 Region 143 • www.ayso143.org

### Huntington West Little League

www.westminsterlittleleague.org

### District 62 Challenger League • (714) 610-8295

www.district62challenger.leag1.com/

### National Junior Basketball (NJB) • www.njbl.org

Westminster Youth Soccer • (714) 814-8952

Huntington Beach Girls Softball • www.hbgs.com

## COUNTRY 2 STEP AND COWBOY CHA-CHA

Country two step plus cowboy cha-cha - both dances are coming back and both are popular in country nightclubs! You will learn both and have a good time socializing and meeting new people. No partner needed!

Instructor: Efren Barrera      Ages: 14 yrs+  
 Fee: \$45.00      Length: 4 wks  
 Location: WCSB East/West Room      Min: 3 Max: 30

2000.151	Tu	1/7-1/28	8:00-9:00 p.m.
2000.152	Tu	2/4-2/25	8:00-9:00 p.m.
2000.153	Tu	3/3-3/24	8:00-9:00 p.m.

## HAWAIIAN HULA BASICS BEGINNER CLASS

Students will learn basic hand and feet movements of Hawaiian Hula Auana (Modern Style). It's an excellent way of keeping the body in motion and the mind fit. Hula is a form of sign language to which stories are told through body and hand motions. \$5.00 material fee due to instructor.

Instructor: Patrick Taoipu      Ages: 50 yrs+  
 Fee: \$32.00      Length: 4 wks  
 Location: WCSB A/B Room      Min: 5 Max: 30

2000.182	Th	1/2-1/23	9:30-11:00 a.m.
2000.183	Th	1/30-2/20	9:30-11:00 a.m.

## LINE DANCE FOR FUN & FITNESS, LEVEL 3-4

This is the most popular level of line dance. It is a good class for people with some line dance experience who want to learn some of the newer dances with tags and restarts. We dance to all types of music. Last week of class is always a party and review. \*No class February 17th.

Instructor: Barbara Lucas      Ages: 18 yrs+  
 Fee: \$54.00      Length: 11 wks  
 Location: WCSB East/West Room      Min: 10 Max: 30

2000.101	M	1/6-3/23	1:15-2:45 p.m.
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## LINE DANCE FOR FUN & FITNESS, LEVEL 4-5

Level 4-5 is intermediate line dancing with syncopations, timing variations, and styling. We will incorporate tags and restarts. We will be learning new dances and reviewing some old favorites. The dances are done to all types of music. Last week of class is always a dance party and review.

Instructor: Barbara Lucas      Ages: 18 yrs+  
 Fee: \$59.00      Length: 12 wks  
 Location: WCSB East/West Room      Min: 5 Max: 20  
 2000.100      W      1/8-3/25      1:15-2:45 p.m.



## BEGINNING/INTRO LINE DANCING

Learning to line dance can help you to get mentally and physically fit while having fun. You will learn basic steps to popular dances that can introduce you to a new way to exercise. \$2.00 Material fee due to instructor on first day of class.

Instructor: Mary Buckels      Ages: 18 yrs+  
 Fee: \$60.00      Length: 12 wks  
 Location: WCSB East/West Room      Min: 10 Max: 25  
 2000.144      W      1/8-3/25      3:30-5:00 p.m.



## LINE DANCE LEVEL 1

Learn to improve your skill level in Line Dancing. This class requires a prerequisite of "Beginning/Intro Line Dancing" where students learn how to dance and learn the basic terms of steps such as Grape Vine, Jazz Box, Kick Ball Change, and more.

Instructor: Mary Buckels      Ages: 18 yrs+  
 Fee: \$60.00      Length: 12 wks  
 Location: WCSB East/West Room      Min: 10 Max: 40  
 2000.181      Th      1/9-3/26      3:30-5:00 p.m.

## JIMMY'S AEROBIC LINE DANCING LEVELS 2 & 3

Line Dance class uses many types of music, tempos, rhythms and styles of dance and dance combinations. It is also a great benefit for exercise, memory, balance, mobility, cardiovascular fitness, staying healthy and it is fun, friendly, you don't need a partner, age is not a factor and it is very social. \*No beginners please \*No class 2/13

Instructor: Jimmy Camarena      Ages: 18 yrs+  
 Fee: \$50.00      Length: 10 wks  
 Location: WCSB East/West Room      Min: 5 Max: 100  
 2000.178      Th      1/9-3/19      9:00-10:30 a.m.

## JIMMY'S AEROBIC LINE DANCING LEVEL 3 & 4

Line Dance class uses many types of music, tempos, rhythms and styles of dance and dance combinations. It is also a great benefit for exercise, memory, balance, mobility, cardiovascular fitness, staying healthy and it is fun, friendly, you don't need a partner, age is not a factor and it is very social. \*No beginners please \*No class 2/13

Instructor: Jimmy Camarena      Ages: 18 yrs+  
 Fee: \$50.00      Length: 10 wks  
 Location: WCSB East/West Room      Min: 5 Max: 100  
 2000.179      Th      1/9-3/19      10:30 a.m.-12:00 p.m.



## JIMMY'S AEROBIC LINE DANCING LEVELS 4 & 5

Line Dance class uses many types of music, tempos, rhythms and styles of dance and dance combinations. It is also a great benefit for exercise, memory, balance, mobility, cardiovascular fitness, staying healthy and it is fun, friendly, you don't need a partner, age is not a factor and it is very social. \*No beginners please \*No class 2/13

Instructor: Jimmy Camarena      Ages: 18 yrs+  
 Fee: \$70.00      Length: 11 wks  
 Location: WCSB East/West Room      Min: 5 Max: 100  
 2000.180      Tu,Th      1/7-3/19      12:45-2:30 p.m.

## "ALADDIN" PRINCESS BALLET

Enter a whole new world! Princess Ballerinas will use props, wear princess tutus, hear stories from "Aladdin," and dance to songs from the movie and other princess favorites. Class promotes listening skills, coordination, balance, and musicality. Optional recital for those enrolled in both winter and spring full sessions. Nominal costume fee applies. Ballet and tap shoes required. \$5/half session material fee due at the first class. More Info: www.ocdanceproductions.com. \*No class 2/15

Instructor: OC Dance Productions Staff      Ages: 4-6 yrs  
 Fee: \$69.00      Length: 5 wks  
 Location: Fountain Valley      Min: 1 Max: 2  
 Recreation Center

2000.138      Sa      1/11-2/8      11:45 a.m.-12:30 p.m.  
 2000.139      Sa      2/22-3/21      11:45 a.m.-12:30 p.m.  
 Fee: \$124.00      Length: 10 wks  
 2000.140      Sa      1/11-3/21      11:45 a.m.-12:30 p.m.

**"FROZEN" PRINCESS BALLET**

Do you feel that winter chill? Ballerinas use props, wear tutus, hear stories from "Frozen", and dance to princess songs. Optional recital for those enrolled in both winter and spring full sessions. Nominal costume fee applies. Ballet and tap shoes required. \$5/half session material fee due at first class. More Info: [www.ocdanceproductions.com](http://www.ocdanceproductions.com). \*No class 2/15

Instructor: OC Dance Productions Staff Ages: 3-5 yrs  
 Fee: \$69.00 Length: 5 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 2

2000.129	Sa	1/11-2/8	9:10-9:55 a.m.
2000.130	Sa	2/22-3/21	9:10-9:55 a.m.
Fee: \$124.00		Length: 10 wks	
2000.131	Sa	1/11-3/21	9:10-9:55 a.m.

**HIP HOP IS FUN!**

This fun energetic class will teach you coordination, dance, and rhythm! Learn cool moves set to awesome music! Finesse onto the dance floor in style with this hip class!

Instructor: Westminster Arts Academy Staff  
 Fee: \$68.00 Length: 4 wks  
 Location: Westminster Arts Academy Min: 4 Max: 15  
 Ages: 4-6 yrs

2000.166	Tu	1/7-1/28	4:30-5:30 p.m.
2000.167	Tu	2/4-2/25	4:30-5:30 p.m.
2000.168	Tu	3/3-3/24	4:30-5:30 p.m.
2000.169	Tu	3/31-4/21	4:30-5:30 p.m.

Ages: 4-10 yrs

2000.192	Sa	1/4-1/25	11:00 a.m.-12:00 p.m.
2000.193	Sa	2/1-2/22	11:00 a.m.-12:00 p.m.
2000.194	Sa	2/29-3/21	11:00 a.m.-12:00 p.m.
2000.195	Sa	3/28-4/25	11:00 a.m.-12:00 p.m.

Ages: 7-11 yrs

2000.170	Tu	1/7-1/28	5:30-6:30 p.m.
2000.171	Tu	2/4-2/25	5:30-6:30 p.m.
2000.172	Tu	3/3-3/24	5:30-6:30 p.m.
2000.173	Tu	3/31-4/21	5:30-6:30 p.m.

Ages: 11 yrs+

2000.196	Sa	1/4-1/25	12:00-1:00 p.m.
2000.197	Sa	2/1-2/22	12:00-1:00 p.m.
2000.198	Sa	2/29-3/21	12:00-1:00 p.m.
2000.199	Sa	3/28-4/25	12:00-1:00 p.m.

Ages: 12 yrs+

2000.174	Tu	1/7-1/28	6:30-7:30 p.m.
2000.175	Tu	2/4-2/25	6:30-7:30 p.m.
2000.176	Tu	3/3-3/24	6:30-7:30 p.m.
2000.177	Tu	3/31-4/21	6:30-7:30 p.m.

**HIP HOP**

This energetic class teaches clean, age-appropriate hip hop moves, combinations and technique. Dancers will also develop and improve balance, musicality, rhythm, and agility while building confidence amongst peers. Suitable for boys and girls. Please wear sneakers or jazz shoes. Optional recital for those enrolled in both winter and spring full sessions. Nominal costume fee applies. More Info: [www.ocdanceproductions.com](http://www.ocdanceproductions.com). \*No class 2/15

Instructor: OC Dance Productions Staff Ages: 5-8 yrs  
 Fee: \$69.00 Length: 5 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 2

2000.141	Sa	1/11-2/8	12:35-1:20 p.m.
2000.142	Sa	2/22-3/21	12:35-1:20 p.m.
Fee: \$124.00		Length: 10 wks	
2000.143	Sa	1/11-3/21	12:35-1:20 p.m.

**POP BALLET**

Introducing young dancers to their bodies, this class focuses on creating a more disciplined, creative, and outgoing child! While still having fun, dancers will have focus in ballet while infusing creative improvisation, jazz, and modern! Female dancers must arrive to the first class with their hair back in a bun, a leotard (pink for ages 3-4, black for ages 5+), pink ballet tights, and pink ballet slippers. Male dancers must arrive to their first class in a white t-shirt, black fitted pants/tights, and black ballet slippers.

Instructor: Westminster Arts Academy Staff  
 Fee: \$58.00 Length: 4 wks  
 Location: Westminster Arts Academy Min: 4 Max: 12  
 Ages: 3-4 yrs

2000.154	W	1/8-1/29	4:45-5:30 p.m.
2000.155	W	2/5-2/26	4:45-5:30 p.m.
2000.156	W	3/4-3/25	4:45-5:30 p.m.
2000.157	W	4/1-4/22	4:45-5:30 p.m.
2000.184	Th	1/2-1/23	4:00-4:45 p.m.
2000.185	Th	1/30-2/20	4:00-4:45 p.m.
2000.186	Th	2/27-3/19	4:00-4:45 p.m.
2000.187	Th	3/26-4/23	4:00-4:45 p.m.

Ages: 5-7 yrs

Fee: \$68.00

2000.158	W	1/8-1/29	5:30-6:30 p.m.
2000.159	W	2/5-2/26	5:30-6:30 p.m.
2000.160	W	3/4-3/25	5:30-6:30 p.m.
2000.161	W	4/1-4/22	5:30-6:30 p.m.
2000.188	Th	1/2-1/23	4:45-5:45 p.m.
2000.189	Th	1/30-2/20	4:45-5:45 p.m.
2000.190	Th	2/27-3/19	4:45-5:45 p.m.
2000.191	Th	3/26-4/23	4:45-5:45 p.m.

Ages: 8-16 yrs

Fee: \$68.00

2000.162	W	1/8-1/29	6:30-7:30 p.m.
2000.163	W	2/5-2/26	6:30-7:30 p.m.
2000.164	W	3/4-3/25	6:30-7:30 p.m.
2000.165	W	4/1-4/22	6:30-7:30 p.m.





## TAP, JAZZ, BALLET COMBO LEVEL 1

Children involved in dance develop improved special awareness, rhythm and listening skills. This beginning class introduces tap, jazz, ballet movements and dance terminology. Optional recital for those enrolled in both winter and spring full sessions. Nominal costume fee applies. Ballet and tap shoes required. More Info: [www.ocdanceproductions.com](http://www.ocdanceproductions.com) \*No class 2/15

Instructor: OC Dance Productions Staff Ages: 3-5 yrs  
 Fee: \$69.00 Length: 5 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 2

2000.132	Sa	1/11-2/8	10:00-10:45 a.m.
2000.133	Sa	2/22-3/21	10:00-10:45 a.m.
Fee: \$124.00		Length: 10 wks	
2000.134	Sa	1/11-3/21	10:00-10:45 a.m.

## TAP, JAZZ, BALLET COMBO LEVEL 2

This beginning class introduces tap, jazz, ballet movements and dance terminology. Dancers improve techniques learned in Level 1, but those new to dance are welcome. Optional recital for those enrolled in both winter and spring full sessions. Nominal costume fee applies. Ballet and tap shoes required. More Info: [www.ocdanceproductions.com](http://www.ocdanceproductions.com). \*No class 2/15

Instructor: OC Dance Productions Staff Ages: 5-8 yrs  
 Fee: \$69.00 Length: 5 wks  
 Location: Fountain Valley Recreation Center Min: 1 Max: 2

2000.135	Sa	1/11-2/8	10:55-11:40 a.m.
2000.136	Sa	2/22-3/21	10:55-11:40 a.m.
Fee: \$124.00		Length: 10 wks	
2000.137	Sa	1/11-3/21	10:55-11:40 a.m.

## BABY'S FIRST YOGA, DANCE & TUMBLING CLASS

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams. \$5 material fee due to instructor. \*No class 2/17

Instructor: Dawna Ludwig Ages: 6m-2 yrs  
 Fee: \$54.00 Length: 6 wks  
 Location: Garden Grove Sports/ Recreation Ctr. Min: 5 Max: 18

2000.121	Sa	1/11-2/15	10:40-11:10 a.m.
2000.122	Sa	2/22-3/28	10:40-11:10 a.m.
Fee: \$49.00			Length: 5 wks
Location: WCSB A/B Room			

2000.123	M	1/6-2/3	1:50-2:20 p.m.
2000.124	M	2/10-3/16	1:50-2:20 p.m.

## BALLET, TAP & TUMBLING

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams. \$5 material fee due to instructor. \*no class 2/17

Instructor: Dawna Ludwig  
 Fee: \$54.00 Length: 6 wks  
 Location: Garden Grove Sports/ Recreation Ctr. Min: 5 Max: 18

Ages: 1-4 yrs

2000.119	Sa	1/11-2/15	9:20-10:00 a.m.
2000.120	Sa	2/22-3/28	9:20-10:00 a.m.

Ages: 5-11 yrs

2000.117	Sa	1/11-2/15	8:40-9:20 a.m.
2000.118	Sa	2/22-3/28	8:40-9:20 a.m.

Location: WCSB A/B Room Length: 5 wks  
 Ages: 1-4 yrs Fee: \$49.00

2000.125	M	1/6-2/3	3:00-3:40 p.m.
2000.126	M	2/10-3/16	3:00-3:40 p.m.

Ages: 5-11 yrs

2000.127	M	1/6-2/3	3:40-4:20 p.m.
2000.128	M	2/10-3/16	3:40-4:20 p.m.

## MUSIC

## MUSIC FUNTIME!

Music Classes for Preschoolers engineered by Music FunTime is an innovative, structured, and progressive curriculum derived from Johns-Hopkins Research exploring the magical connection between math & science through music for children newborn thru 9 years of age. Children learn to read music notation, rhythms and symbols, and play the instruments of their choosing. Through small preschool, kindergarten & early elementary group music classes in a classroom atmosphere, children use musical crafts, worksheets, games and instruments in a fun exciting way to explore and nurture a strong music foundation which becomes a way of life, thus, gaining all the benefits of uniting both hemispheres of the brain. \*No class 4/11

Instructor: Westminster Arts Academy Staff

Fee: \$88.00

Length: 4 wks

Location: Westminster Arts Academy Min: 2 Max: 6

Ages: 1.5-3 yrs

3000.108	Sa	1/4-1/25	10:30-11:00 a.m.
3000.109	Sa	2/1-2/29	10:30-11:00 a.m.
3000.110	Sa	3/7-3/28	10:30-11:00 a.m.
3000.111	Sa	4/4-5/2	10:30-11:00 a.m.

Ages: 3-5 yrs

3000.116	Tu	1/7-1/28	5:30-6:00 p.m.
3000.117	Tu	2/4-2/25	5:30-6:00 p.m.
3000.118	Tu	3/3-3/24	5:30-6:00 p.m.
3000.119	Tu	3/31-4/21	5:30-6:00 p.m.

Ages: 5-7 yrs

3000.112	Tu	1/7-1/28	6:00-6:30 p.m.
3000.113	Tu	2/4-2/25	6:00-6:30 p.m.
3000.114	Tu	3/3-3/24	6:00-6:30 p.m.
3000.115	Tu	3/31-4/21	6:00-6:30 p.m.



## PIANO IS FUN!

Witness your child become a little musician, playing songs that they enjoy! Children are encouraged to use their creativity in this exciting introductory music class. Students learn finger independence through reading basic musical patterns. Basic rhythms are introduced, and students enjoy playing and creating with others on real quality pianos! \$20 material fee due to instructor. \*No class 4/9

Instructor: Westminster Arts Academy Staff

Fee: \$88.00

Length: 4 wks

Location: Westminster Arts Academy Min: 4 Max: 8

Ages: 5-6 yrs

3000.104	Th	1/2-1/23	6:30-7:15 p.m.
3000.105	Th	1/30-2/20	6:30-7:15 p.m.
3000.106	Th	2/27-3/19	6:30-7:15 p.m.
3000.107	Th	3/26-4/23	6:30-7:15 p.m.

Ages: 7-10 yrs

3000.100	Tu	1/7-1/28	6:30-7:15 p.m.
3000.101	Tu	2/4-2/25	6:30-7:15 p.m.
3000.102	Tu	3/3-3/24	6:30-7:15 p.m.
3000.103	Tu	3/31-4/21	6:30-7:15 p.m.

## SINGING IS FUN!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life!

Instructor: Westminster Arts Academy Staff

Length: 4 wks

Location: Westminster Arts Academy Min: 4 Max: 10

Ages: 4-7 yrs

Fee: \$58.00

3000.120	M	1/6-1/27	4:45-5:30 p.m.
3000.121	M	2/3-2/24	4:45-5:30 p.m.
3000.122	M	3/2-3/23	4:45-5:30 p.m.
3000.123	M	3/30-4/20	4:45-5:30 p.m.

Ages: 5-11 yrs

Fee: \$68.00

3000.132	Su	1/5-1/26	10:00-11:00 a.m.
3000.133	Su	2/2-2/23	10:00-11:00 a.m.
3000.134	Su	3/1-3/22	10:00-11:00 a.m.
3000.135	Su	3/29-4/19	10:00-11:00 a.m.

Ages: 8-11 yrs

Fee: \$68.00

3000.128	M	1/6-1/27	6:30-7:30 p.m.
3000.129	M	2/3-2/24	6:30-7:30 p.m.
3000.130	M	3/2-3/23	6:30-7:30 p.m.
3000.131	M	3/30-4/20	6:30-7:30 p.m.

Ages: 12-17 yrs

Fee: \$68.00

3000.124	M	1/6-1/27	5:30-6:30 p.m.
3000.125	M	2/3-2/24	5:30-6:30 p.m.
3000.126	M	3/2-3/23	5:30-6:30 p.m.
3000.127	M	3/30-4/20	5:30-6:30 p.m.



## SPECIAL INTEREST

### CPR FOR THE VIETNAMESE SPEAKER

This CPR training class is for the Vietnamese speaker and will teach you the basic ways to respond to an unconscious person in an emergency situation while waiting for the ambulance to arrive. By doing CPR, you will be helping to circulate the blood and oxygen of that unconscious person. You will also learn how to be calm and to be confident in what to do in the critical moment of saving a life. After completing the class, the participants will receive their American Heart Association (AHA) pocket certificate card which will be valid for 2 years. There will be a \$55 material fee due to the instructor at class.

Instructor: Steve Pham  
 Fee: \$15.00  
 Location: WCSB A/B Room

Ages: 18 yrs+  
 Length: 1 day  
 Min: 6 Max: 30

4000.109	Sa	1/11-1/11	10:00-2:00 p.m.
4000.110	Sa	2/22-2/22	10:00-2:00 p.m.
4000.111	Sa	3/21-3/21	10:00-2:00 p.m.

### CPR/AED & FIRST AID FOR ADULTS, INFANTS, & CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. You will receive your certification upon completion. If healthcare provider card is required please call Cindy at (714) 891-5620 prior to class. A \$20 (Per Class) material fee is due to the instructor on day of class.

Instructor: Jack Griswold  
 Fee: \$10.00 for CPR/AED  
 Fee: \$10.00 for First Aid  
 Location: WCSB

Ages: 12 yrs+  
 Length: 1 day  
 Min: 8 Max: 20

Several classes each week, please check our website [www.westminster-ca.gov](http://www.westminster-ca.gov) or call us at 714-895-2860 for dates and times.

### DOG MANNERS "CRASH COURSE"

How are you and your dog getting along? What about your dog and your neighbors? Accomplish your dog training goals and get behavior problems under control in just 4 weeks! Basic obedience commands and help with correcting various bad habits will be included. For dogs 4 months and older with current vaccinations. Dogs attend all meetings. Please preregister so we may brief you prior to the first class. A \$5 material fee (includes liability insurance) will be due at the first class.

Instructor: Hacienda Hills Dog  
 Obedience Staff  
 Fee: \$86.00  
 Location: El Dorado Park

Ages: 10 yrs+  
 Length: 4 wks  
 Min: 6 Max: 20

4000.117	Sa	1/25-2/15	1:15-2:30 p.m.
Location: Laurel Park			
4000.118	Th	2/13-3/5	6:00 -7:15 p.m.

## DOG OBEDIENCE TRAINING - GIVE YOUR DOG A NEW LEASH ON LIFE!

This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months). Exercises will include the proper heel command, automatic sit, sitstay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The first meeting will be an orientation, WITHOUT DOGS. Please bring vaccination records and \$10 material fee (includes training manual) to first meeting.

Instructor: Hacienda Hills Dog  
 Obedience Staff  
 Fee: \$98.00  
 Location: H. Louis Lake Sr. Center

Ages: 10 yrs+  
 Length: 7 wks  
 Min: 8 Max: 20

4000.115	Sa	1/25-3/7	10:00-11:00 a.m.
Location: El Dorado Park			
4000.116	Th	1/9-2/20	7:45-8:45 p.m.



### PUPPY KINDERGARTEN

Start your new puppy out on the right paw! Establish good manners and valuable socialization skills at an early age for puppies 2-5 months. Class will include puppy care topics such as housebreaking, teething problems, jumping up, and health-care pointers, and will introduce basic obedience commands, including walking on a leash without pulling, stay, and come. Bring vaccination records and \$10 materials fee (includes training manual) to first meeting, which is an orientation, to be held WITHOUT PUPPIES.

Instructor: Hacienda Hills Dog  
 Obedience Staff  
 Fee: \$88.00  
 Location: El Dorado Park

Ages: 10 yrs+  
 Length: 6 wks  
 Min: 6 Max: 20

4000.114	Sa	1/25-2/29	12:00-1:00 p.m.
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## LOSE WEIGHT- HYPNOSIS IS GREAT

Slimming down with hypnosis, using your own mind's natural ability, is easy, safe and comfortable. No diet, deprivation or willpower involved. Change habits and behaviors to ones that lead to success and satisfaction. Feel good and enjoy life more! For all the important reasons, sign up now. Pillow/blanket/mat optional. Supportive CD available for \$13. For more information visit my website at [www.life-enhancing-hypnosis.com](http://www.life-enhancing-hypnosis.com)

Instructor: Pamela J. Schmidt,  
M.S., C.C.H.

Ages: 18 yrs+

Fee: \$50.00

Length: 4 wks

Location: WCSB A/B Room

Min: 8 Max: 20

4000.107 W 1/15-2/5 7:30-9:00 p.m.

## STOP SMOKING - HYPNOSIS IS A GREAT WAY

Hypnosis is a Great Way to Claim your freedom to enjoy life as a Nonsmoker. No willpower or medications involved, just the natural ability of your own mind. Save your breath-and your money- by using this easy, safe and comfortable method to accomplish your success. What better time than now? An accompanying CD is available in class for \$13. Pillow/blanket/mat optional. [www.life-enhancing-hypnosis.com](http://www.life-enhancing-hypnosis.com)

Instructor: Pamela J. Schmidt,  
M.S., C.C.H.

Ages: 18 yrs+

Fee: \$30.00

Length: 2 wks

Location: WCSB A/B Room

Min: 8 Max: 20

4000.108 W 2/19-2/26 7:30-9:00 p.m.

## ONLINE DRIVER'S EDUCATION/ SAFETY DRIVERS ED

Online Driver's Ed - Ages 15 & UP: DMV allows Teens to receive their Learner's Permit at age 15 1/2 and a License at age 16. This class is the FIRST, Required Step that must be completed. This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time. Registration is ongoing.

Instructor: Erika Vieyra

Ages: 15 yrs+

Fee: \$21.95

Length: 1 month

Location: Registrant's Home

4000.100 Every day 1/1-1/31 TBD

4000.101 Every day 2/1-2/29 TBD

4000.102 Every day 3/1-3/31 TBD



## COMPLIMENTARY CLASS

### Cultivate Compassion and Mindfulness

Come join us as we share tools to develop focus and attention, regulate our emotions and get along with one another. Our class is once a week for 8 weeks, during which we will introduce simple activities to cultivate compassion and develop mindfulness. In this complimentary class, we will begin with breaking down of big words like Compassion and Mindfulness, prepare a related activity and encourage participation as we understand these concepts. Come join us!

\*Please register in person at the Community Services & Recreation Department before the first day of class. For more information please call us at 714-895-2860.

Instructor: Salma Azmi & Moha Mehta  
FREE

Ages: 6-10 yrs

Length: 1 day

Location: WCSB Room 3/4

Min: 1 Max: 20

4000.125 Tu 1/17 6:00-6:20 p.m.



## CULTIVATE COMPASSION & MINDFULNESS

Big words like compassion & mindfulness are introduced through simple activities. The class aims to help students learn easy to practice lessons to develop compassion and mindfulness which will serve as tools for young children in a competitive academic environment, develop an attitude of kindness and be mindful of the present moment. \*No class 2/11.

Instructor: Salma Azmi & Moha Mehta  
Fee: \$80.00

Ages: 6-10 yrs

Length: 8 wks

Location: WCSB Room 3/4

Min: 10 Max: 20

4000.106 Tu 1/14-3/10 6:00 -6:45 p.m.

## MANNERS FOR YOUNG LADIES AND GENTLEMEN

Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language and proper grooming in a relaxed, fun atmosphere. \*\$5.00 material fee due to instructor on first day of class. \*No class 2/17

Instructor: Dawna Ludwig

Ages: 4-11 yrs

Fee: \$49.00

Length: 5 wks

Location: WCSB A/B Room

Min: 5 Max: 18

4000.112 M 1/6-2/3 4:20-4:55 p.m.

4000.113 M 2/10-3/16 4:20-4:55 p.m.



## SPORTS & FITNESS

### JIMMY'S STRETCH AND FLEX

The Stretch & Flex class uses many easy stretching exercises to help the joints, muscles, and help with range motion. The exercises are done sitting in a chair which takes the stress from hips, knees and lower back. The class is done to a variety of music, tempos, rhythms, and patterns to help with memory and coordination skills. The class will also help with flexibility, balance, and mobility. During the hour the students will warm up, work the waist, arms, legs, and all the muscles on the body with no stress sitting in a chair. The class uses many deep breathing techniques to help with every day stress and its fun.

Instructor: Jimmy Camarena Ages: 18 yrs+  
 Fee: \$40.00 Length: 11 wks  
 Location: WCSB A/B Room Min: 5 Max: 100

5000.172 Tu 1/7-3/17 9:30-10:30 a.m.

### NEW ZUMBA

Zumba is a fun exercise fitness program that incorporates fast paced music and dance moves. This class is suitable for all ages. Come join the fun! \*No class 2/17.

Instructor: Josefina Magallanes Ages: 14 yrs+  
 Fee: \$45.00 Length: 4 wks  
 Location: WCSB East/West Room Min: 6 Max: 30

5000.173 M,W 1/6-1/29 6:00-7:00p.m.  
 5000.174 M,W 2/3-3/2 6:00-7:00p.m.  
 5000.175 M,W 3/4-3/30 6:00-7:00p.m.

### NEW LUNCH TIME YOGA

Come stretch and strengthen your bodies during the lunch break to help stimulate your mind and relieve tension before you go back to work. Students may sign up for a full four week session or drop-in to the days that fit their schedule. \*Please come with yoga mat, if you do not have one instructor can provide one for an additional fee of \$15.00.

Instructor: Beth McCall Ages: 18 yrs+  
 Fee: \$60.00 per monthly session Length: 4 wks  
 Drop-In Fee: \$18.00 per day Min: 5 Max: 20  
 Location: WCSB A/B Room

5000.177 Tu 1/14-2/4 12:00-12:45 p.m.  
 5000.178 Tu 2/11-3/3 12:00-12:45 p.m.  
 5000.179 Tu 3/10-3/31 12:00-12:45 p.m.



### SENIOR YOGA

Come stretch and lengthen your muscles while sitting in a chair. Students may sign up for a full four week session or drop-in to the days that fit their schedule. \*No yoga mat needed for senior yoga.

Instructor: Beth McCall Ages: 55 yrs+  
 Fee: \$60.00 per monthly session Length: 4 wks  
 Drop-In Fee: \$18.00 per day Min: 5 Max: 20  
 Location: WCSB A/B Room

5000.180 Tu 1/14-2/4 1:00-1:45 p.m.  
 5000.181 Tu 2/11-3/3 1:00-1:45 p.m.  
 5000.182 Tu 3/10-3/31 1:00-1:45 p.m.



### ADULT YOGA

Flow through a relaxing yet uplifting yoga sequence to release any fluctuations in your mind and relax and restore your body. Students may sign up for a full four week session or drop-in to the days that fit their schedule. \*Please come with yoga mat, if you do not have one instructor can provide one for an additional fee of \$15.00.

Instructor: Beth McCall Ages: 18 yrs+  
 Fee: \$64.00 per monthly session Length: 4 wks  
 Drop-In Fee: \$20.00 per day Min: 5 Max: 20  
 Location: WCSB A/B Room

5000.183 W 1/15-2/5 5:45-6:45 p.m.  
 5000.184 W 2/12-3/4 5:45-6:45 p.m.  
 5000.185 W 3/11-4/1 5:45-6:45 p.m.

### INTRODUCTION TO FENCING

Learn the Olympic sport of fencing. Students learn how to move, attack and defend themselves with fencing gear. Emphasis is placed on developing balance, coordination, stamina, and quick decision making. Classes are hands-on and highly interactive. Students may sign up for a full four week session or drop-in to the days that fit their schedule. \*No Class January 20th. Fee Includes cost of rental Equipment. Students must pay a one-time, \$10 US Fencing Association membership fee upon their arrival at the Center. \*No class 1/20

Instructor: Jaime Wood Ages: 7 yrs+  
 Fee: \$174.00 for two lessons a week Length: 4 wks  
 Fee: \$119.00 for one lesson a week Min: 1 Max: 30  
 Location: South Coast Fencing Center

4000.103 M,Tu,F 1/6-2/1 6:30-7:30 p.m.  
 Sa Adults 11:00 a.m.-12:00 p.m.  
 Youth 12:00-1:00 p.m.  
 4000.104 M,Tu,F 2/3-2/29 6:30-1:00 p.m.  
 Sa Adults 11:00 a.m.-12:00 p.m.  
 Youth 12:00-1:00 p.m.  
 4000.105 M,Tu,F 3/2-3/28 6:30-1:00 p.m.  
 Sa Adults 11:00 a.m.-12:00 p.m.  
 Youth 12:00-1:00 p.m.

## JUDO FOR TEENAGERS AND ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This class focuses on training for a competition and the self-defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of the Japan's most prominent martial arts! This class includes Judo throwing (Tachi Waza), strangulation (Shime Waza), and joint manipulation (Kansetsu Waza) techniques.

Instructor: Tu Nguyen

Fee: \$85.00

Location: DC Fitness

Ages: 12 yrs+

Length: 5 wks

Min: 1 Max: 30

5000.124	M,W,F	1/3-1/31	6:00-8:00 p.m.
5000.125	M,W,F	2/3-2/28	6:00-8:00 p.m.
5000.126	M,W,F	3/2-3/30	6:00-8:00 p.m.

## JUDO - JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self-discipline. Also the child learns morality, courage, respect, and perseverance. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen

Fee: \$85.00

Location: DC Fitness

Ages: 5-11 yrs

Length: 5 wks

Min: 1 Max: 30

5000.121	M,W,F	1/3-1/31	4:00-6:00 p.m.
5000.122	M,W,F	2/3-2/28	4:00-6:00 p.m.
5000.123	M,W,F	3/2-3/30	4:00-6:00 p.m.

## SHORINJI KEMPO MARTIAL ARTS FOR ADULTS

Shorinji Kempo is an educational martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko.fujie@gmail.com or call 714-585-2162. We are an official 501c3 Non-Profit Organization.

Instructor: Yukiko Fujie

Fee: \$35.00

Location: Carden Conservatory

Multipurpose Room

Ages: 13 yrs+

Length: 5 wks

Min: 1 Max: 35

4000.122	M,Th-F	1/3-1/31	7:45-9:15 p.m.
4000.123	M,Th-F	2/3-2/28	7:45-9:15 p.m.
4000.124	M,Th-F	3/2-3/30	7:45-9:15 p.m.

## SHORINJI KEMPO MARTIAL ARTS FOR CHILDREN

Shorinji Kempo is an educational martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko.fujie@gmail.com or call 714-585-2162. We are an official 501c3 Non-Profit Organization.

Instructor: Yukiko Fujie

Fee: \$35.00

Location: Carden Conservatory  
Multipurpose Room

Ages: 5-12 yrs

Length: 5 wks

Min: 1 Max: 35

4000.119	M,Th-F	1/3-1/31	6:30-7:45 p.m.
4000.120	M,Th-F	2/3-2/28	6:30-7:45 p.m.
4000.121	M,Th-F	3/2-3/30	6:30-7:45 p.m.



## LITTLE STAR TAEKWONDO

Taekwondo will teach your little stars characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training for NEW STUDENTS. Uniform included in fee. \*No Class on 1/20 & 2/17

Instructor: Sungho Park

Fee: \$49.00

Location: Five Star Taekwondo School

Ages: 4-6 yrs

Length: 5 wks

Min: 1 Max: 10

5000.162	M,W	1/6-2/3	4:30-5:10 p.m.
5000.163	M,W	1/6-2/3	6:00-6:40 p.m.
5000.164	Tu,Th	1/7-1/30	4:30-5:10 p.m.
5000.165	M,W	2/5-3/4	4:30-5:10 p.m.
5000.166	M,W	2/5-3/4	6:00-6:40 p.m.
5000.167	Tu,Th	2/4-2/27	4:30-5:10 p.m.
5000.168	Tu,Th	3/3-3/26	4:30-5:10 p.m.

Fee: \$29.00

Length: 4 wks

5000.169	Sa	1/4-1/25	3:30-4:10 p.m.
5000.170	Sa	2/1-2/22	3:30-4:10 p.m.
5000.171	Sa	3/7-3/28	3:30-4:10 p.m.

## TAEKWONDO FOR KIDS

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training for NEW STUDENTS. Uniform included in fee. \*No Class 1/20 & 2/17

Instructor: Sungho Park Ages: 7-12 yrs  
 Fee: \$49.00 Length: 5 wks  
 Location: Five Star Taekwondo School Min: 1 Max: 10

5000.149	M,W	1/6-2/3	5:10-6:00 p.m.
5000.150	M,W	1/6-2/3	6:40-7:30 p.m.
5000.151	Tu,Th	1/7-1/30	5:10-6:00 p.m.
5000.152	Tu,Th	1/7-1/30	6:00-6:50 p.m.
5000.153	M,W	2/5-3/4	5:10-6:00 p.m.
5000.154	M,W	2/5-3/4	6:40-7:30 p.m.
5000.155	Tu,Th	2/4-2/27	5:10-6:00 p.m.
5000.156	Tu,Th	2/4-2/27	6:00-6:50 p.m.
5000.157	Tu,Th	3/3-3/26	5:10-6:00 p.m.
5000.158	Tu,Th	3/3-3/26	6:00-6:50 p.m.

Fee: \$29.00 Length: 4 wks

5000.159	Sa	1/4-1/25	4:10-5:00 p.m.
5000.160	Sa	2/1-2/22	4:10-5:00 p.m.
5000.161	Sa	3/7-3/28	4:10-5:00 p.m.

## ADULT KARATE

Basic and advanced moves, coordination, confidence, respect, discipline and sportsmanship under Masters 2000 Hall of Fame inductee Gary Pitts Black Belt in Shoto Kan & Shitto- Ryu Karate

Instructor: Gary Pitts Ages: 14-55 yrs  
 Fee: \$69.00 Length: 4 wks  
 Location: WCSB A/B Room Min: 4 Max: 28

5000.128	W	1/8-1/29	5:00-5:45 p.m.
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## KARATE FOR KIDS

In this introductory class, learn coordination, confidence, respect, discipline, & sportsmanship. Under Master 2000 Hall of Fame Inductee Gary Pitts a Black Belt in Shoto Kan & Shito-Ryu Karate.

Instructor: Gary Pitts Ages: 3-5-13 yrs  
 Fee: \$59.00 Length: 4 wks  
 Location: WCSB A/B Room Min: 4 Max: 28

5000.127	W	1/8-1/29	4:30-5:00 p.m.
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## ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (3:00-5:00 PM Wednesday and 12:00-2:00 PM Saturday), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves recommended). \*No Class 2/11-2/15.

Instructor: Westminster Ice Arena Staff Ages: 17 yrs+  
 Fee: \$38.00 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 12

5000.141	W	1/15-2/5	6:40-7:10 p.m.
5000.143	W	2/19-3/11	6:40-7:10 p.m.
5000.142	Sa	1/18-2/8	10:15-10:45 a.m.
5000.144	Sa	2/22-3/14	10:15-10:45 a.m.

## PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent & one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (Tuesday 3:10 - 4:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early to fit skates, and dress warmly (gloves or mittens recommended). \*No Class 2/11-2/15.

Instructor: Westminster Ice Arena Staff Ages: 3-5 yrs  
 Fee: \$38.00 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 10

5000.129	Tu	1/14-2/4	4:10-4:40 p.m.
5000.131	Tu	2/18-3/10	4:10-4:40 p.m.
5000.130	Sa	1/18-2/8	11:15-11:45 a.m.
5000.132	Sa	2/22-3/14	11:15-11:45 a.m.

## ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when they learn how to march, glide, hop, and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on the day of class (3:00-5:00 PM for Wednesday class and 12:00-2:00 PM for Saturday class), and three additional passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves or mittens recommended). \*No Class 2/11-2/15.

Instructor: Westminster Ice Arena Staff Ages: 3-5 yrs  
 Fee: \$38.00 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 12

5000.133	W	1/15-2/5	5:40-6:10 p.m.
5000.135	W	2/19-3/11	5:40-6:10 p.m.
5000.134	Sa	1/18-2/8	10:45-11:15 a.m.
5000.136	Sa	2/22-3/14	10:45-11:15 a.m.



## BEGINNING ICE SKATING

Learn to skate forward & backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on the day of class (Thursday 3:10-4:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly (gloves recommended). \*No Class 2/11-2/15.

Instructor: Westminster Ice Arena Staff Ages: 6-16 yrs  
Fee: \$38.00 Length: 4 wks  
Location: Westminster ICE Min: 1 Max: 12

5000.137	Th	1/16-2/6	4:10-4:40 p.m.
5000.139	Th	2/20-3/12	4:10-4:40 p.m.
5000.138	Sa	1/18-2/8	10:15-10:45 a.m.
5000.140	Sa	2/22-3/14	10:15-10:45 a.m.

## ICE HOCKEY SKATING SKILLS

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (Wednesday 6:40 - 7:10 PM, Saturday 12:00-2:00 PM), and three additional practice passes to be used during the 4-week session. Please arrive 20 minutes early on the first day of class to fit skates, and dress warmly. \*No Class 2/11-2/15.

Instructor: Westminster Ice Arena Staff Ages: 6-16 yrs  
Fee: \$38.00 Length: 4 wks  
Location: Westminster ICE Min: 1 Max: 12

5000.145	W	1/15-2/5	6:10-6:40 p.m.
5000.147	W	2/19-3/11	6:10-6:40 p.m.
5000.146	Sa	1/18-2/8	11:15-11:45 a.m.
5000.148	Sa	2/22-3/14	11:15-11:45 a.m.

## BEGINNER VOLLEYBALL

PASS, SET, HIT! We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed to introduce the sport of volleyball to the youth athlete who is completely new to the game. Come have fun and learn with us!

Instructor: West Grove Volleyball Staff Ages: 8-11 yrs  
Fee: \$48.00 Length: 4 wks  
Location: Garden Grove Sports/ Recreation Ctr. Min: 4 Max: 16

5000.109	Su	1/5-1/26	1:00-2:00 p.m.
5000.110	Su	2/2-2/23	1:00-2:00 p.m.
5000.111	Su	3/1-3/22	1:00-2:00 p.m.

Ages: 12-14 yrs

5000.112	Su	1/5-1/26	2:00-3:00 p.m.
5000.113	Su	2/2-2/23	2:00-3:00 p.m.
5000.114	Su	3/1-3/22	2:00-3:00 p.m.

## INTERMEDIATE VOLLEYBALL

We teach the fundamental skills of volleyball in a competitive yet supportive and fun environment. This course is designed for the teen athlete with some volleyball experience but exceptions do apply (give us a call if you're not sure!). Come have fun and learn with us!

Instructor: West Grove Volleyball Staff Ages: 12-14 yrs  
Fee: \$48.00 Length: 4 wks  
Location: Garden Grove Sports/ Recreation Ctr. Min: 4 Max: 16

5000.118	Su	1/5-1/26	3:00-4:00 p.m.
5000.119	Su	2/2-2/23	3:00-4:00 p.m.
5000.120	Su	3/1-3/22	3:00-4:00 p.m.

## PARENT & ME SOCCER

Participate together in out fun age-appropriate activities, soccer helps your child develop their large motor skills and socialization skills. The fun happens on the field and in the Parent & Me Soccer, parents are part of the action! Each child receives a soccer jersey. \*No Class February 17th.

Instructor: Kidz Love Soccer Ages: 2-3.5 yrs  
Fee: \$119.00 Length: 7 wks  
Location: Fountain Valley Recreation Center (Field) Min: 1 Max: 10

5000.105	M	1/27-3/16	5:45-6:15 p.m.
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## TOT/PRE SOCCER

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Each participant receives a soccer jersey. Shin guards are required after the first meeting. \*No Class February 17th.

Instructor: Kidz Love Soccer Ages: 3-5 yrs  
Fee: \$119.00 Length: 7 wks  
Location: Fountain Valley Recreation Center (Field) Min: 1 Max: 10

5000.106	M	1/27-3/16	5:00-5:35 p.m.
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## SOCCER 1: TECHNIQUES & TEAMWORK

Players will learn dribbling, passing, defense and shooting goals! Perfect for first time player while being fun and engaging for kids with some experience. All participants receive a soccer jersey! Shin guards are required after first meeting. \*No Class February 17th.

Instructor: Kidz Love Soccer Ages: 5-7 yrs  
Fee: \$119.00 Length: 7 wks  
Location: Fountain Valley Recreation Center (Field) Min: 1 Max: 10

5000.107	M	1/27-3/16	4:15-5:00 p.m.
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## Soccer 2: Skillz & Scrimmages

Kidz will have a great time while developing core soccer skills like dribbling, passing and shooting. Each class will include individual skill building and scrimmages to develop teamwork and positional play. All levels are welcome to come enjoy the world's most popular game! All participants receive a soccer jersey! Shin guards are required. \*No Class February 17th.

Instructor: Kidz Love Soccer      Ages: 7-11 yrs  
 Fee: \$119.00      Length: 7 wks  
 Location: Fountain Valley      Min: 1 Max: 10  
 Recreation Center (Field)

5000.108      M      1/27-3/16      3:30-4:15 p.m.

## TENNIS

### PEE WEE TENNIS

This class is your future tennis star's introduction to the exciting world of tennis, sports and overall athleticism. This class features fun games that are perfectly designed to advance your child's hand-eye coordination, balance and love for tennis. Our friendly staff will provide a fun, creative and positive environment for every child involved. Parent participation is strongly encouraged. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-9TENNIS (1-844-983-6647). \*no class 1/20 and 2/17

Instructor: Johnny Allen Tennis Staff      Ages: 3-5 yrs  
 Fee: \$25.00      Length: 2 wks  
 Location: Bolsa Chica-Tennis Court      Min: 5 Max: 20

6000.100      M      1/13-1/27      4:15-5:00 p.m.

6000.101      M      2/3-2/10      4:15-5:00 p.m.

Fee: \$37.00      Length: 3 wks

6000.102      W      1/15-1/29      4:15-5:00 p.m.

6000.103      W      2/5-2/19      4:15-5:00 p.m.

6000.104      M      2/24-3/9      4:15-5:00 p.m.

6000.105      W      2/26-3/11      4:15-5:00 p.m.

6000.106      M      3/16-3/30      4:15-5:00 p.m.

6000.107      W      3/18-4/1      4:15-5:00 p.m.

Fee: \$50.00      Length: 3 wks

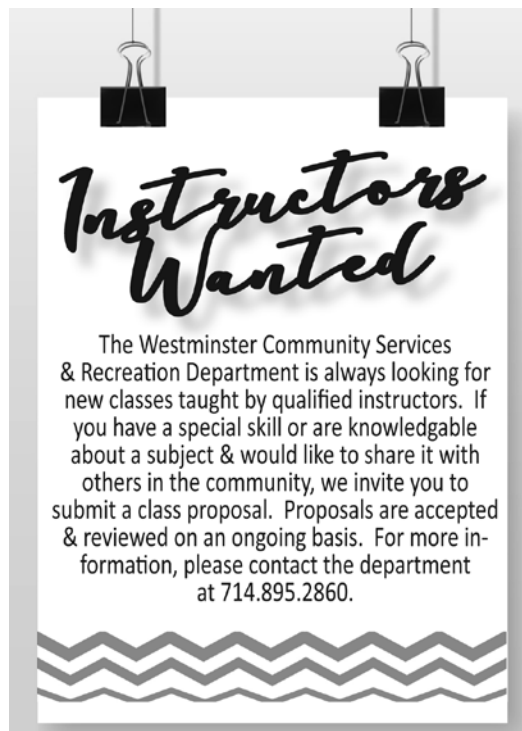
6000.108      M,W      1/13-1/29      4:15-5:00 p.m.

6000.109      M,W      2/3-2/19      4:15-5:00 p.m.

Fee: \$60.00      Length: 3 wks

6000.110      M,W      2/24-3/11      4:15-5:00 p.m.

6000.111      M,W      3/16-4/1      4:15-5:00 p.m.



### BEGINNING YOUTH TENNIS

We believe learning tennis should be fun and exciting. All classes feature the magical fusion of music and tennis. All four major strokes will be taught, the forehand, backhand, serve and volley. Students will be given a solid tennis foundation, through tons of innovative and effective drills, and games. Once ready, players will be invited to attend the Intermediate class. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-9TENNIS (1-844-983-6647). \*No class 1/20 & 2/17

Instructor: Johnny Allen Tennis Staff      Ages: 6-8 yrs  
 Fee: \$35.00      Length: 2 wks  
 Location: Bolsa Chica-Tennis Court      Min: 5 Max: 20

6000.112      M      1/13-1/27      5:00-6:00 p.m.

6000.113      M      2/3-2/10      5:00-6:00 p.m.

Fee: \$52.00      Length: 3 wks

6000.114      M      2/24-3/9      5:00-6:00 p.m.

6000.115      M      3/16-3/30      5:00-6:00 p.m.

6000.116      W      1/15-1/29      5:00-6:00 p.m.

6000.117      W      2/5-2/19      5:00-6:00 p.m.

6000.118      W      2/26-3/11      5:00-6:00 p.m.

6000.119      W      3/18-4/1      5:00-6:00 p.m.

Fee: \$63.00      Length: 3 wks

6000.120      M,W      1/13-1/29      5:00-6:00 p.m.

6000.121      M,W      2/3-2/19      5:00-6:00 p.m.

Fee: \$75.00      Length: 3 wks

6000.122      M,W      2/24-3/11      5:00-6:00 p.m.

6000.123      M,W      3/16-4/1      5:00-6:00 p.m.

## BEGINNING/INTERMEDIATE YOUTH TENNIS

All junior tennis players looking for improvement are welcome to play and find their groove, as music is played in every class. All four major strokes will be taught, the forehand, backhand, serve and volley. Players will improve techniques, spin, placement, balance and movement, through Johnny Allen's own specially designed drills and games. We will be focusing on proper technique on all major shots during singles and doubles play, preparing players for high school tennis, tournaments and an overall higher level of the game. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-9TENNIS (1-844-983-6647). \*No class on 1/20 & 2/17

Instructor: Johnny Allen Tennis Staff    Ages: 9-12 yrs  
 Fee: \$35.00    Length: 2 wks  
 Location: Bolsa Chica-Tennis Court    Min: 5 Max: 20

6000.124	M	1/13-1/27	6:00-7:00 p.m.
6000.125	M	2/3-2/10	6:00-7:00 p.m.
Fee: \$52.00    Length: 3 wks			

6000.126	M	2/24-3/9	6:00-7:00 p.m.
6000.127	M	3/16-3/30	6:00-7:00 p.m.
6000.128	W	1/15-1/29	6:00-7:00 p.m.
6000.129	W	2/5-2/19	6:00-7:00 p.m.
6000.130	W	2/26-3/11	6:00-7:00 p.m.
6000.131	W	3/18-4/1	6:00-7:00 p.m.
Fee: \$63.00    Length: 3 wks			

6000.132	M,W	1/13-1/29	6:00-7:00 p.m.
6000.133	M,W	2/3-2/19	6:00-7:00 p.m.
Fee: \$75.00    Length: 3 wks			

6000.134	M,W	2/24-3/11	6:00-7:00 p.m.
6000.135	M,W	3/16-4/1	6:00-7:00 p.m.

## INTERMEDIATE/ADVANCED YOUTH TENNIS

This class is perfect for players getting ready to compete in tournaments, high school or league tennis. This training class is for motivated, young competitive players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. This class will build the confidence in each player's tennis game, through match play, while engaging in a wide variety of effective games and competitive situations. For more info and rainy day makeup policy, go to [www.johnnyallentennis.com](http://www.johnnyallentennis.com) or call 1-844-9TENNIS (1-844-983-6647). \*No Class 1/20 & 2/17

Instructor: Johnny Allen Tennis Staff    Ages: 7-17 yrs  
 Fee: \$50.00    Length: 2 wks  
 Location: Bolsa Chica-Tennis Court    Min: 5 Max: 20

6000.136	M	1/13-1/27	7:00-9:00 p.m.
6000.137	M	2/3-2/10	7:00-9:00 p.m.
Fee: \$75.00    Length: 3 wks			

6000.138	M	2/24-3/9	7:00-9:00 p.m.
6000.139	M	3/16-3/30	7:00-9:00 p.m.
6000.140	W	1/15-1/29	7:00-9:00 p.m.
6000.141	W	2/5-2/19	7:00-9:00 p.m.
6000.142	W	2/26-3/11	7:00-9:00 p.m.
6000.143	W	3/18-4/1	7:00-9:00 p.m.
Fee: \$89.00    Length: 3 wks			

6000.144	M,W	1/13-1/29	7:00-9:00 p.m.
6000.145	M,W	2/3-2/19	7:00-9:00 p.m.
Fee: \$105.00    Length: 3 wks			

6000.146	M,W	2/24-3/11	7:00-9:00 p.m.
6000.147	M,W	3/16-4/1	7:00-9:00 p.m.







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Learn the basics of HTML so you can design, create, and post your very own site on the Web.

### Effective Business Writing

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

### Fundamentals of Supervision and Management

Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts.

### Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

### Intermediate Microsoft Excel

Take your Microsoft Excel skills to the next level as you master charts, PivotTables, Slicers, Sparklines, and other advanced Excel features.

### Introduction to CSS3 and HTML5

Learn to create state-of-the-art Web sites using modern CSS3 and HTML5 techniques.

### Introduction to Final Cut Pro X

Make the leap from home video enthusiast to professional video editor using Apple's revolutionary Final Cut Pro X editing software.

### Introduction to Google Analytics

Learn how to track and generate traffic to your website, create reports, and analyze data with Google's free, state-of-the-art Web analytics tools.

### Introduction to Microsoft Excel

Become proficient in Microsoft Excel and discover countless shortcuts, tricks, and features for creating and formatting worksheets quickly and efficiently.

### Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language.

### Leadership

Gain the respect and admiration of others, exert more control over your destiny, and enjoy success in your professional and personal life.

### Performing Payroll in QuickBooks

Learn how to use QuickBooks 2013 to create paychecks, pay tax liabilities, and produce forms and reports.

### Writing Essentials

Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level.

**Enroll Now!**

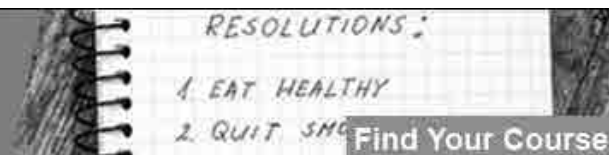
**ed2go.com/westminstr**

**714.895.2860 | csronline@westminster-ca.gov**

Over 300 online courses available

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**Achieve Your New Year's  
Resolutions with an Online Course!**



0719-01

## WESTMINSTER SENIOR CENTER

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.

### DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$3.00 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Monday-Thursday, and 11:30 a.m. on Fridays. Pick up a “Senior Spotlight” for only 50 cents at the Senior Center for the month’s menu, which is also available on the city’s website.

### The Westminster Senior Center offers the following services:

- Blood Pressure Testing
- Commodities Distribution
- Home Delivered Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Nutrition & Shuttle Transportation
- Health Screening
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to Our City, Departments and Divisions, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

### FRIDAY DANCES!

Come and dance to the sounds of Boyd Elston every other Friday from 12 p.m. to 2 p.m. Please call the Senior Center for more details at 714-895-2878.

January 3rd, 17th, and 31st  
February 14th and 28th  
March 13th and 27th  
April 10th and 24th

### SPECIAL EVENTS

#### Lunar New Year Party

Thursday, January 23rd at 11:30 a.m.  
\$3 (lunch and entertainment)

#### Valentine’s Day Party

Thursday, February 13th at 11:00 a.m.  
\$3 (lunch and entertainment)

#### St. Patrick’s Day Party

Tuesday, March 17th at 11:00 a.m.  
\$3 (lunch and entertainment)

#### After Tax Day Party

Tuesday, April 16th at 11:30 a.m.  
\$3 (lunch and entertainment)

### TEA PARTY

Friday, January 31st at 2:00 p.m.  
\$8 per person

Come and enjoy an afternoon of tea and specialty sandwiches and sweets. You can decorate your own table or we will have a table decorated for you and your friends. Great way to start the new year and reconnect with others.

### DIABETES SUPPORT GROUP

Facilitated by Jane Herin, MSHS, BSN, RN, PHN, Certified Diabetes Educator, Gerontologist

Meetings held on the first Wednesday of the month at 10:00 a.m. unless indicated:

January 8th	Diabetes-Questions and Answers
February 5th	Diabetes and Heart Disease
March 4th	Diabetes and Foot Care
April 1st	Diabetes and Meal Planning
May 6th	Diabetes and New Technology

### BROWN BAG ONE ON ONE MEDICATION REVIEW

By Bill Liu, PharmD BCGP

Wednesday, January 22nd beginning at 10:00 a.m.  
Wednesday, April 29th beginning at 10:00 a.m.  
(call for an appointment)



## OC HEALTH CARE AGENCY

### Osteoporosis-Let's Make No Bones About It

By Bill Liu, PharmD BCGP

Wednesday, January 15th at 10:00 a.m.

The National Institutes of Health (NIH) states that Osteoporosis, or porous bone, is a disease characterized by low bone mass leading to bone fragility and an increased risk of fractures especially at the hip, spine, and wrist. In the United States, more than 40 million people either have osteoporosis or are at risk for developing this condition.

### Stress And Anxiety: Medications and Management

By Lori Funke, RN, PHN

Senior Health Outreach Prevention Program

Public Health Nursing Division

Tuesday, February 25th at 10:00 a.m.

This presentation will discuss the types of anxiety, how anxiety and stress impact your body and ways to manage anxiety and stress.

### An Overview of Sleep and Good Sleep Hygiene

By Bill Liu, PharmD BCGP

Wednesday, April 22nd at 10:00 a.m.

The Centers for Disease Control (CDC) states that a third of US adults report that they usually get less than the recommended amount of sleep. Getting enough sleep is not a luxury-it is something people need for good health. It is important to practice "good sleep hygiene". What is good sleep hygiene? Join us for this presentation where we will discuss this and other topics on sleep.

### Normal Aging: Am I Normal?

By Lori Funke, RN, PHN

Senior Health Outreach Prevention Program

Public Health Nursing Division

Thursday, May 14th at 10:00 a.m.

This presentation will discuss: what can happen to our bodies as we age, myths about how we age and what we can do to be as healthy as possible.



## ORANGE COUNTY FIRE AUTHORITY

Wednesday, February 12th at 10:00 a.m.

This presentation will discuss the top three causes of fires in the home, the importance of having a smoke detector installed and knowing your family escape route.

## AARP SAFE DRIVING CLASSES (8 HOUR CLASS)

Wednesday, January 15th and Wednesday, January 22nd  
9:00 a.m.-1:00 p.m.

Wednesday, April 22nd and Wednesday, April 29th  
9:00 a.m.-1:00 p.m.

(fee based)

## AARP SMART DRIVERTEK WORKSHOP

Thursday, February 20th from 10:00 a.m. to 11:30 a.m.  
free

Smart DriverTEK is a brand-new, 90 minute workshop offering an interactive way to stay up to date with the latest safety technology in your current or future cart.

## CELL PHONE HELP

Thursday, January 9th from 10:00 a.m. to 12:00 p.m.

Thursday, February 6th from 10:00 a.m. to 12:00 p.m.

Thursday, March 5th from 10:00 a.m. to 12:00 p.m.

Thursday, April 9th from 10:00 a.m. to 12:00 p.m.

## WE OFFER MANY MORE SENIOR PROGRAMS & CLASSES SUCH AS:

- Crocheting and Knitting
- Bingo
- Bridge
- Mexican Dominos
- Pinochle
- Longevity Stick
- Chess
- Sudoku
- Bunco

For more information on any of these programs, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to Our City, Departments and Divisions, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

## FRIDAY AFTERNOON GAMING FRIENDS

Board Games/Card Games

Bring your games  
12:00 p.m.-4:00 p.m.

January 3rd, 17th, and 31st  
February 14th and 28th

March 13th and 27th  
April 10th and 24th





## UKULELE CLUB

**Mondays and Thursdays from 1:00 p.m.-3:00 p.m.**

Bring your ukulele and enjoy playing music and singing with others in a casual environment and making new friends.



## ACCORDION CLUB

**Fridays from 1:00 p.m. to 3:00 p.m. (Alternating Fridays)**

Bring your accordion and enjoy playing music with others!

January 3rd, 17th, and 31st

February 14th and 28th

March 13th and 27th

April 10th and 24th

## ADAPTED FITNESS

Looking for a class? Coastline College offers fitness classes at the Westminster Senior Center with no charge! Winter classes will be held from January 13, 2020 to May 23, 2020:

Course	Day	Time
Adapted Fitness	Monday	10:30 a.m.-12:00 p.m.
Adapted Fitness	Wednesday	10:30 a.m.-12:00 p.m.
Adapted Fitness	Monday/Wednesday	9:30-10:30 a.m.

For more information about enrolling, please contact Coastline's Special Programs and Services Office at (714) 241-6214.

## SENIOR FITNESS

Join one of the following FREE weekly exercise classes, designed specifically for older adults

Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi*	Friday	8:30 a.m.

\*This Tai Chi class has a small registration fee. Please call 714-895-2878 for more information.

## FEE-BASED SENIOR FITNESS CLASSES

The following classes are fee-based and require advanced registration through the Community Services and Recreation Department. Please call 714-895-2860 for registration information.

Stretch & Flex	Tuesday	9:30 a.m.
Aerobic Line Dancing 4/5	Tuesday & Thursday	12:45 p.m.
Aerobic Line Dancing 2/3	Thursday	9:00 a.m.
Aerobic Line Dancing 3/4	Thursday	10:30 a.m.

See Class Page 7 and 13 for more info.

## WESTMINSTER YOUTH COMMITTEE



The students currently on the Westminster Youth Committee dedicate countless hours to enhancing the quality of life for Westminster's youth. The committee's purpose is to address the needs of youth through volunteering, while striving to promote a sense of civic pride. They meet monthly throughout the school year to organize and implement youth-focused programs, as well as volunteer their time to established city programs and events. The diverse backgrounds of the committee members serve to offer unique community perspectives when addressing the issues faced by local youth.

This group of motivated and passionate young citizens is committed to promoting the important role youth play in creating community.

Our confidence in the future grows as we observe our leaders of tomorrow positively interacting with the community. If you are interested in learning more about the Youth Committee, please contact the Community Services & Recreation Department at (714) 895-2860.



Elise Coatney, Marina High School  
Diane Dinh, La Quinta High School  
Nardeen Gebraeel, Stacey Middle School  
Golden La, Westminster High School  
Emily Ma, Marina High School  
Cortney Ngo, Fountain Valley High School  
Jessica Nguyen, Marina High School  
Terri Pham, Westminster High School  
Alexandra Quach, Marina High School  
Vincent Ton, Johnson Middle School  
Victoria Tran, Marina High School  
Brandon Ton, Marina High School, Alternate  
Heather Tran, Marina High School, Alternate

## VISUAL, PERFORMING, & CULTURAL ARTS

**BLAKEY HISTORICAL PARK & MUSEUM** - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

**LAS TAPATIAS FOLKLORIC DANCERS** - Call Jenny Martinez at (657) 363-9751 or email at [gngmariscal@hotmail.com](mailto:gngmariscal@hotmail.com). Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

**VIETNAMESE CULTURAL PROGRAMS** - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs

**WESTMINSTER CHORALE** - The Westminster Chorale is a group of diverse individuals who just love to sing. From Gershwin to Verdi, the Chorale performs for civic events, private parties, formal concerts, and much more. Rehearsals are Monday nights from 7pm-9pm in the dining hall of the Westminster Senior Center. All are welcome no musical experience necessary! For more information about joining or event bookings please contact, Artistic Director Mark Peterson at (951) 987-7191 or check us out online at [www.westminsterchorale.org](http://www.westminsterchorale.org).

**WESTMINSTER COMMUNITY THEATER** - Call (714) 893-8626. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Call Rhonda for tickets or current show information.

**NICHOLSON PIPES & DRUMS** - Call Malcolm Willis at (714) 891-9445. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

**ORANGE COUNTY CHILDREN'S THEATER** - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is *for children, by children*, and is open to all young people ages 5 through 18. *Parent involvement is required*. Call now to get on their mailing list so you will not miss productions or auditions.

**ORANGE COUNTY ROSE SOCIETY** - Call Tom Cooney at (949) 362-2710 or visit our website at [www.orangecountyroses.org](http://www.orangecountyroses.org) Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

**FRIENDS OF THE ROSE CENTER THEATER** - The Friends of the Rose Center Theater is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. **For information, please call 714-793-1150 or visit [www.rosecentertheater.com](http://www.rosecentertheater.com)**



## ORANGE COUNTY FIRE AUTHORITY



# HOME ESCAPE PLAN



*Only 18 percent of families with children age 3-17 have practiced home fire drills.*



**Orange County Fire  
Authority**

**714-573-6200**

**ocfa.org**



*Every second counts during a fire. Create and practice a home escape plan so you and your family can get out quickly if the smoke alarm sounds.*

### Plan Ahead

- Make a home escape plan showing two ways out of every room. Discuss the plan with everyone in your home.
- Choose an outside meeting place in front of and a safe distance from your home.
- Practice your escape plan at least twice a year. During your drills, practice escaping from different exits. Teach children to escape on their own.
- Make sure someone is assigned to assist small children, older adults, or family members with disabilities.

### Respond Safely if Fire Occurs

- Smoke and heat rise, so crawl low as you follow your escape plan.
- Close doors as you evacuate to slow the spread of smoke and fire.
- Test doors before opening. Use the back of your hand to feel the door for heat, starting at the bottom and working your way up. If the door feels warm, don't open it. Use your secondary exit to escape.
- Once you're out, stay out. Go immediately to your outside meeting place. Never go back inside for any reason.
- Call 9-1-1 once you are safely outside of your home.

### If Trapped by Fire

- Close the door between you and the fire.
- Use towels, blankets, or clothing to seal door cracks and help prevent smoke from entering the room.
- Call 9-1-1 and tell the dispatcher where you are in the home.
- Signal for help from a window when firefighters arrive.



## MIDWAY CITY SANITARY DISTRICT

MIDWAY CITY SANITARY DISTRICT  
State Recycling Mandates

Mandate	Policy Goal	Organics <b><u>AB 1826</u></b>	Organics <b><u>AB 1594</u></b>	Organics <b><u>SB 1383</u></b>
<p>↓</p> <p><b><u>AB 939</u></b></p> <p>50% jurisdiction diversion requirement by 2000</p>	<p>↓</p> <p><b><u>AB 341</u></b></p> <p>Mandatory commercial recycling; State goal of 75% diversion by 2020</p>	<p>Mandatory commercial organics recycling; goal of 50% reduction in organics disposal by 2020</p>	<p>Landfill alternative daily cover no longer considered diversion in 2020</p>	<p>50% reduction in organics disposal by 2020 and 75% by 2025, and 20% recovery of edible food by 2025</p>

## THANK YOU TO OUR SPONSORS

**OUR SPONSORS ROCK!**

Thank you to the following summer concert series sponsors for their generous donation.

CR&R Environmental Services

Midway City Sanitary District

Westminster Water Division



## WESTMINSTER WATER DIVISION

### RAIN BARREL DISTRIBUTION EVENT

Date: Saturday, January 25th, 2020

Time: 9am -11am

Place: City of Westminster

8200 Westminster Blvd.

Westminster, Ca. 92683

For more information and to order  
your rain barrel  
visit:

<http://www.rainbarrelsintl.com>

EVENTS tab- City of Westminster

\$30 after rebate (\$65 + tax)

For rebate information call (919) 602-6316

Any other questions call (714) 548-3687



## FLOWER\* OF THE SEASON\*

Botanical name:  
Cyclamen Persicum

Common Name:  
Cyclamen



### Description:

Cyclamen, genus of more than 20 species of flowering perennial herbs of the myrsine family. The florist's cyclamen (*Cyclamen persicum*), the best-known species, is notable as an indoor plant cultivated for its attractive white to pink to deep red flowers. A number of other species of *Cyclamen* are grown outside.

The plants grow from a tuber (a short underground stem) and have no stem aboveground. Long-stalked, roundish, or kidney-shaped leaves, often variously marked, grow from the base. Solitary flowers grow on stalks less than 30 cm (12 inches) tall. After flowering, the flower stalk often twists into a spiral, so bringing the capsular fruit close to the ground.

<b>Botanical Name</b>	Cyclamen Persicum
<b>Common Name</b>	Florist's Cyclamen
<b>Plant Type</b>	Houseplant or perennial
<b>Mature Size</b>	8 inches tall
<b>Sun Exposure</b>	Full sun in winter, part sun in summer
<b>Soil Type</b>	Rich, well-draining
<b>Soil pH</b>	Slightly acidic
<b>Bloom Time</b>	Fall and winter
<b>Flower Color</b>	Pink, white, and red
<b>Hardiness Zones</b>	7 and above
<b>Native Areas</b>	Europe, Northern Africa, and Western Asia



## Disaster Preparedness



Emergencies can happen at any time. A could fire evacuations or an unexpected flood closes roads to a neighborhood. In these instances, AlertOC is a critical link for residents and businesses to immediately learn of any required actions.

All Westminster home phone numbers are already pre-registered in the system. Citizens are encouraged to register their cell phones, text numbers, e-mail addresses, work numbers, and TDD/TTY devices into the system. Register them today at [www.AlertOC.com](http://www.AlertOC.com).

If you feel unsafe during a disaster, do not wait for the call to evacuate.

### Go Bag Checklist

- ◇ Water, one gallon per person per day for at least three days, for drinking and sanitation
- ◇ Food, at least a three-day supply of non-perishable food. Can opener if necessary
- ◇ Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- ◇ Flashlight and extra batteries
- ◇ First aid kit
- ◇ Whistle to signal for help
- ◇ Moist towelettes, garbage bags and plastic ties
- ◇ Cash
- ◇ Wrench or pliers to turn off utilities



Don't forget about the people who depend on you. Are there children, older adults, people with disabilities, special medical needs, or pets in your life?

These groups are more vulnerable during a disaster, and your emergency plan should take their needs into consideration.



New Year...New You Check out our *Yoga Classes* on page 13



**ARE YOU PREPARED?** Recent California history has shown the need for neighborhoods, schools, & businesses to rely on themselves for a minimum of 7 days to 2 weeks following a major earthquake. For information and registration contact West County CERT Administrator, Jeanette Vella, 562-972-0006.

### **CERT (Community Emergency Response Team)**

is a group of responsible, trained individuals that form a skilled group of Disaster Service Workers. The CERT Program can be used just for your family or in neighborhoods, businesses, and schools. The CERT members realize that in the event of a major disaster they will have to rely on themselves and their neighbors to handle emergencies until professional help arrives.

The 24 hour CERT course covers topics such as Introduction to Disaster Preparedness, First Aid, Light Search and Rescue, Fire Suppression, and Disaster Psychology. Classes are held in the Spring and the Fall.

**WEST COUNTY CERT** is comprised of those who live and/or work in Buena Park, Cypress, La Palma, Los Alamitos, Seal Beach, and Westminster plus their attached communities.

**FOR FURTHER INFORMATION:** Go to [www.westcountycert.com](http://www.westcountycert.com)

E-mail: [westcountycertacademy@gmail.com](mailto:westcountycertacademy@gmail.com) or call (562) 972-0006

**CITY OF WESTMINSTER CONTACT:** Ellen Lopez, Westminster PD Emergency Management Coordinator [Elopez@westminster-ca.gov](mailto:Elopez@westminster-ca.gov) (714) 548-3211



### **RADIO AMATEUR CIVIL EMERGENCY SERVICE**

RACES are Public-safety volunteers which are licensed Amateur Radio Operators that are trained to assist local government during time of emergency and disaster or for routine events and activities. They are trained and certified to provide public-safety communications support.

Westminster RACES are looking for licensed Ham Radio Operators to perform vital volunteer communications during Westminster Community Events and Disaster or Emergency Incidents.

If you are interested in becoming a member of the City of Westminster RACES, please contact RACES Chief Radio Officer Chi Nguyen, KE6MVS @ (714) 869-1441, [chinguyen@yahoo.com](mailto:chinguyen@yahoo.com), or RACES Assistant Chief Radio Officer Adam Valek, N6HVC @ (714) 305-9026, [adam.n6hvc@gmail.com](mailto:adam.n6hvc@gmail.com), for further information.

## **A WORD FROM CODE ENFORCEMENT**

### **Hot Topics....**

Residents in the City of Westminster have developed living standards that determine their desires for the appearance of the community. These community standards, established by you, the residents of Westminster, are communicated to the City Council. The City Council then implements those standards through the adoption of Municipal Codes and Ordinances that reflect the rules for proper maintenance of homes and businesses in the community. This is all done to ensure that we can live peacefully and safely in a quality environment.

The following are some "hot topic" issues and complaints received by the Code Enforcement Division:

- **UNPERMITTED GARAGE SALES:** garage sales are limited to three per year per residence, and may not exceed three consecutive days. A Garage Sale Permit must be obtained prior to each sale. Garage Sale Permits are \$10 and may be obtained at City Hall. Since the activity of posting garage sale signs on public property, utility poles and light poles is prohibited, a suggestion is to advertise your sale in a local newspaper. This way you can still reach the community while remaining in compliance with City codes.
- **PAVING YOUR FRONT LAWN:** current codes require that front yard setbacks be landscaped, and may not be used for off-street parking, or the permanent storage of vehicles. Using your front lawn as a parking lot is not only prohibited, but contributes to a negative appearance in the community and decreases property values. Please do your part adhere to City standards and maintain your front lawn.
- **THE OCEAN BEGINS AT YOUR FRONT DOOR:** Did you know that dumping anything but clean, clear water in the storm drain is illegal and harmful to the environment? Anything we use in our home, car and business like motor oil, paint, pesticides, fertilizers and cleaners are considered hazardous materials, and must be disposed of properly. Storm drains are there to drain water off the street, not for disposal of hazardous materials.

Preservation of our oceans and bays has become a primary concern in our City, as well as Orange County. Providing this information is part of our effort to create awareness in the community, and help residents avoid excessive fines. To learn more, or to obtain an informational brochure, contact the County Environmental Division at (714) 567-6363.

For additional information, contact the City's Code Enforcement Division at (714) 898-3311, ext. 256, or visit City Hall at 8200 Westminster Boulevard.

## WESTMINSTER LIBRARY

8180 13th St., Westminster, CA 92683  
714-893-5057 | www.ocpl.org

### CHILDREN'S PROGRAMS

Beginning in January, children and parents are invited to come to our weekly storytimes! We offer Toddler Time (ages 1-3) every Tuesday at 10:30am, Preschool Storytime (ages 3-4) every Wednesday at 10:30am, Book Babies (ages 0-1, or until walking) every Thursday at 9:30am, and Family Storytime (all ages) every Saturday at 10:30am. Come to enjoy stories, songs and crafts, and help your child develop a love of books and reading!

Join us for Art Lab once a month, a process art program where we use different materials and techniques to create whatever you can imagine! Play clothes are recommended, but aprons are provided. Open to all ages, but 4 and under must be accompanied by an adult. Check our online calendar for dates and times.

Our newest program is Future Makers, a monthly makerspace event just for kids 6-12 years old. We will offer different STEAM-based projects that will give kids a chance to create and build, and learn about basic science, technology and engineering concepts. Check our online calendar for dates and times.

Be sure to come in to the library for a printed calendar or check online at [www.ocpl.org](http://www.ocpl.org) for our full schedule of events.

### SPANISH LANGUAGE FAMILY PROGRAM

Adults and children over 7 years old are invited to come play Loteria (Mexican Bingo) and win prizes! Loteria is held one Saturday a month – contact the library for dates! All games will be in Spanish.

### TEEN PROGRAMS

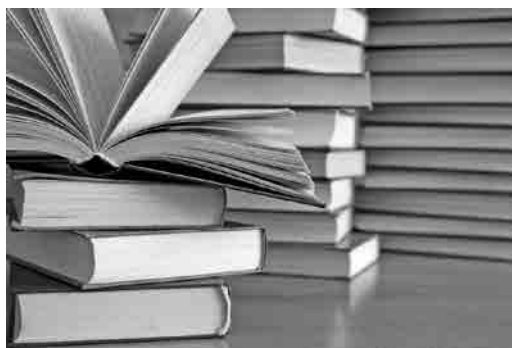
Teens are invited to join our Teen Advisory Board! In TAB, teens can earn volunteer hours and help to make decisions about teen services offered at the library, including upcoming programs, teen books, and more. Teens that are interested in earning volunteer hours should pick up an application at the front desk. Get a copy of our monthly calendar in the library or check online at [www.ocpl.org](http://www.ocpl.org) to find out about other fun teen events. All programs are open to teens aged 12-18.

Teen Volunteer Orientation. Dec 17, Jan 21, Feb 18, Mar 17 3:30pm-4:00pm. For teens ages 12 to 17. If you would like to volunteer at the library, you must attend a volunteer orientation. Volunteer applications must be completed and turned in the day of the orientation. Volunteer applications are available at the library.

Teen Lounge. Every other Wednesday, 2:00pm-4:00pm. For Middle School and High School age students. Join us in the community room to relax, play games, work on projects, and spend time with friends.

### ADULT PROGRAMS

We have a monthly book club for adults, held the third Tuesday of each month at 10:30am; contact the library for the current selection!



## Marriage License & PASSPORT Services

Now Available in Westminster.

15460 Magnolia St., Westminster, CA 92683  
714.889.4105

You can apply for a marriage license at the County Community Service Center located at:

Hours: 9:00am - 4:30pm; Monday - Friday  
(closed from 12:30-1:00pm)

Only marriage licenses (no ceremonies) and passports are available at this location.

## Registration begins November 12th

***There are 3 easy ways to register for classes . . .***

### ON-LINE

On-line registration is just a click away...

Please visit  
[www.westminster-ca.gov](http://www.westminster-ca.gov)

You will need to pay by credit card to register on-line.

### MAIL-IN

Mail completed form & payment to:

Westminster Community Services  
& Recreation Department  
8200 Westminster Blvd.  
Westminster, CA 92683

Make checks payable to:  
**City of Westminster**

### WALK-IN

Visit us...

Westminster Community  
Services & Recreation  
Department at 8200  
Westminster Blvd.

7:30 a.m. – 5:30 p.m.  
Monday – Thursday  
7:30 a.m. – 4:30 p.m.  
Alternate Fridays

## General Information & Refund Policy

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 2nd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

## SATISFACTION GUARANTEED

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



# Community Services and Recreation Department Registration Information



# Registration Form

City of Westminster Community Services & Recreation Department

*All information is required. Please Print.*

Parent/Adult Name: First \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ Birth \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone ( ) \_\_\_\_\_

\_\_\_\_\_ Cell \_\_\_\_\_

Email address \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Name of Participants		Birth	Sex	Activity	Name of Activity	Fee
First	Last	Date		Number		
TOTAL FEES						

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes ☐ No ☐

If yes, please explain: \_\_\_\_\_

## Liability and Publicity Release

For and in consideration of permitting \_\_\_\_\_ to enroll in and participate in the recreational program entitled, \_\_\_\_\_ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF \_\_\_\_\_ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

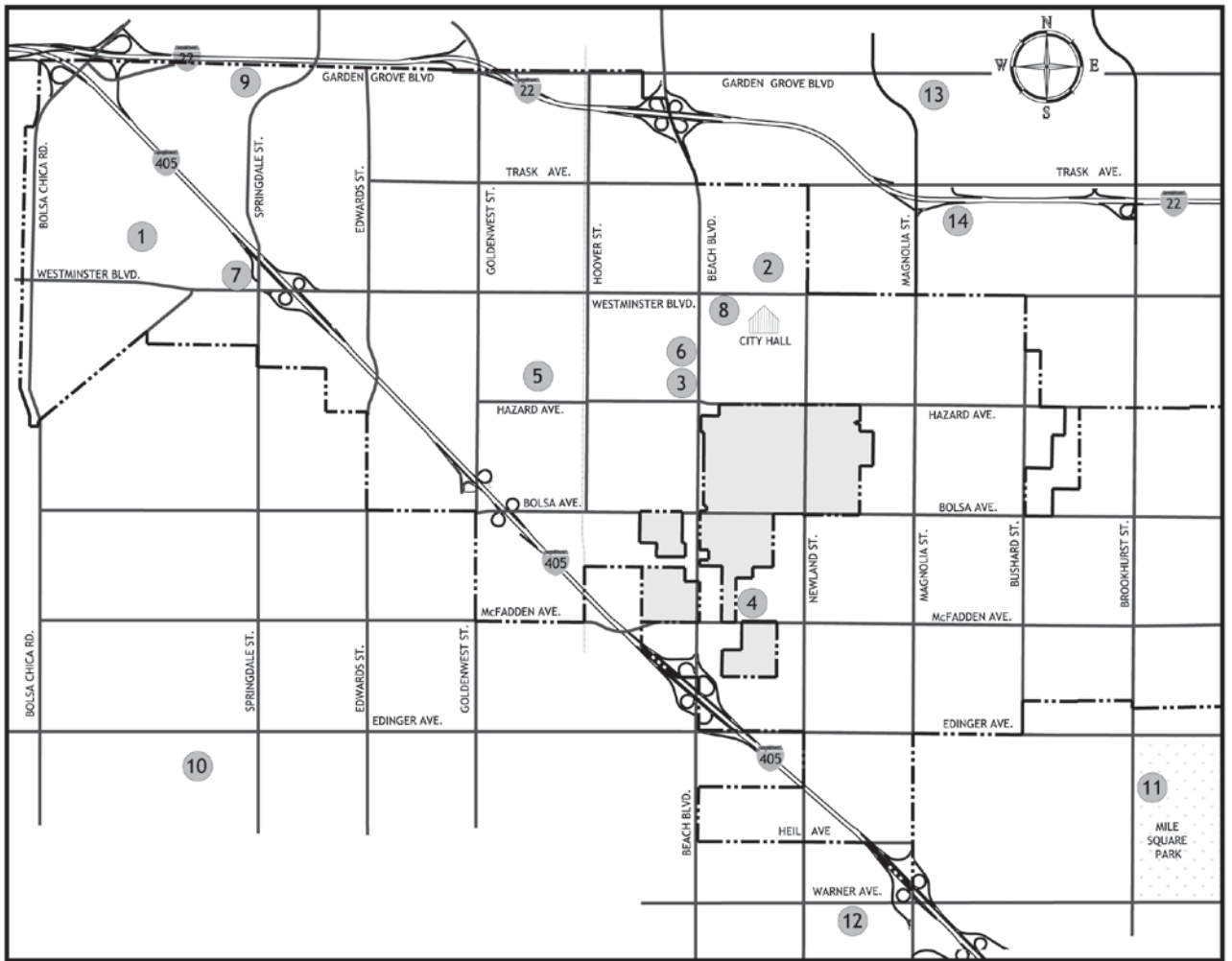
In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature \_\_\_\_\_ Date \_\_\_\_\_

# CLASS ACTIVITY LOCATIONS



**1 BOLSA CHICA PARK**  
13660 University Street  
Westminster, CA 92683

**2 LIBERTY PARK**  
13900 Monroe Street  
Westminster, CA 92683

**3 MIRIAM WARNE ROOM**  
14491 Beach Blvd., Westminster, CA 92683  
(entrance on Hazard Ave.)

**4 PARK WEST PARK**  
8301 McFadden Ave.  
Westminster, CA 92683

**5 SIGLER PARK**  
7200 Plaza Street Westminster, CA 92683  
(between Olive Street & Church Street)

**6 WESTMINSTER ARTS ACADEMY**  
14441 Beach Blvd. #100, Westminster, CA 92683

**7 WESTMINSTER DANCE COMPANY**  
5915 Westminister Blvd., Westminster, CA 92683

**8 WESTMINSTER COMMUNITY SERVICES BUILDING**  
8200 Westminister Blvd., Westminster, CA 92683  
(between Jackson Street & All American Way)

**9 WESTMINSTER ICE RINK**  
13071 Springdale Street, Westminster, CA 92683

**10 GARDEN CONSERVATORY**  
5702 Clark Drive, Huntington Beach, CA 92649

**11 FOUNTAIN VALLEY RECREATION CENTER**  
16400 Brookhurst Street, Fountain Valley, CA 92708

**12 FOUNTAIN VALLEY MUSIC**  
8740 Warner Ave., Fountain Valley, CA 92708

**13 FIVE STAR TAEKWONDO SCHOOL**  
9192 Garden Grove Blvd. # F, Garden Grove, CA 92844

**14 GARDEN GROVE SPORTS & RECREATION CENTER**  
13641 Deodara Drive, Garden Grove, CA 92843



## ADDITIONAL LOCATIONS

**H. LOUIS LAKE SENIOR CENTER**  
11300 Stanford Ave., Garden Grove, CA 92840

**DC FITNESS**  
18211 Enterprise Lane Ste. A, Huntington CA 92649

**SOUTH COAST FENCING CENTER**  
3518 W. Lake Center Drive Ste. C, Santa Ana CA 92704

**SANTA ANA COLLEGE**  
1530 17th Street, Santa Ana, CA 92706



2020  
CENSUS  
OCCOUNTS

We're counting on you  
to be counted.

[www.OCCensus.org](http://www.OCCensus.org)

Estamos contando con usted  
para ser contado/a.



[www.westminster-ca.gov](http://www.westminster-ca.gov)

## Register Online, Save a Tree

and Reduce Your Carbon Footprint

Registering online is eco-friendly. You save gas, reduce CO2 emissions, save time and save paper. Plus, you have the added convenience of registering anytime.

**Go Green. Register Online Now for Winter Activities!**

Check out our exciting upcoming programs.

Visit us at: [www.westminster-ca.gov](http://www.westminster-ca.gov) to learn more about winter programs for the entire family.

### It's Easy:

- ✓ Create an Account & Log In
- ✓ Choose an Activity
- ✓ Register Online
- ✓ Participate and Enjoy!



Save Gas



Save Time



Save Paper  
and Trees



Help Save the  
Environment



Go Online  Go Green

**GO GREEN**

# Spring Festival

& Community Resource Fair

Saturday, April 4th  
9am - 3pm

Civic Center

8200 Westminster Blvd.

- Craft Vendors
- Children's Activities
- Food & Live Entertainment
- Art Contest
- Police & Fire (OCHA) Displays
- Public Works Equipment
- Pancake Breakfast
- Easter Bunny & more!



**Parks  
Make  
Life  
Better!**

For more information on the event or to be a vendor, please contact the Community Services Department at 714.895.2860 or visit our website.



City of Westminster  
8200 Westminster Blvd.  
Westminster, CA 92683

\*\*\*ECRWSS EDDM\*\*\*  
POSTAL PATRON

PRSR STD  
U.S. POSTAGE  
PAID  
PERMIT NO. 20-21  
HUNTINGTON BEACH, CA



**Sigler Park**  
**7200 Plaza Street**  
**Westminster, CA 92683**  
**(714) 903 - 1331**

**familyresourcecenter@westminster-ca.gov**  
**Office hours: Mon, Wed, & Fri 9 am - 6 pm**  
**Tues & Thurs 11 am - 8 pm**

**El Centro de Recursos Familiares de Westminster ofrece los siguientes servicios ¡GRATIS!**

- ♦ Representación Familiar
- ♦ Programa de Superación Personal
- ♦ Consejería en Violencia Doméstica
- ♦ Información y Referencias
- ♦ Talleres de Educación para Padres de Familia
- ♦ Promoción y Apoyo para Adopciones
- ♦ Servicios para Reunificación de Familias
- ♦ Servicios Dentales \*
- ♦ Programa para recibir Alimentos\*
- ♦ Programa de Asistencia de Emergencias\* (pañales, comida, higiene)
- ♦ Programas para Después de Escuela
- ♦ Servicios de Administración de Casos
- ♦ Consejería Individual y para Familias

\* While funding is available. Please call for more information.

\* Mientras fondos están disponibles. Llame para más información.

\* khi còn ngân quỹ Để biết thêm chi tiết xin vui lòng liên lạc trung tâm.

Programs and services at the Westminster Family Resource Center are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services-Promoting Safe and Stable Families, Office of Child Abuse Prevention, California Emergency Management Agency, the County of Orange as well as volunteer, in-kind support and private donations. FaCT is a program administered by the County of Orange Social Services Agency, in partnership with the FaCT Coalition of Charitable Ventures of Orange County, The Olin Group, and the Orange County Alliance for Children and Families.

The Westminster Family Resource Center offers the following Services for **ADULTS**:

- ♦ Family Advocacy
- ♦ Personal Empowerment Program
- ♦ Domestic Violence Counseling
- ♦ Information & Referral
- ♦ Parent Education Workshops
- ♦ Adoption Promotion & Support
- ♦ Family Reunification Services
- ♦ Dental Services\*
- ♦ Emergency Food Program\*
- ♦ Emergency Assistance Program\* (Hygiene Kit, Diapers, Food)
- ♦ After School Enrichment Programs
- ♦ Case Management Services

Services are offered in English, Spanish, and Vietnamese!

*The Westminster Family Resource Center is a community collaborative:*



AltaMed



**Trung Tâm Trợ Giúp Gia Đình Westminster phục vụ NHỮNG NHU CẦU những dịch vụ sau đây:**

- ♦ Bệnh Vực Gia Đình
- ♦ Chương Trình Đào Tạo Khả Năng Cá Nhân
- ♦ Cố vấn về bạo hành trong gia đình
- ♦ Thông tin và giới thiệu
- ♦ Hội thảo dành cho phụ huynh
- ♦ Khuyến khích & hỗ trợ dịch vụ nhận con nuôi
- ♦ Dịch vụ đoàn tụ gia đình
- ♦ Dịch vụ nha khoa \*
- ♦ Chương trình trợ cấp thực phẩm khẩn cấp\*
- ♦ Chương trình trợ giúp khẩn cấp\*
- ♦ Chương trình sau giờ học
- ♦ Dịch vụ phụ trách các vấn đề
- ♦ Dịch vụ cố vấn cá nhân và gia đình